

BARDIA PUBLIC SCHOOL NEWSLETTER

37 Arthur Allen Drive BARDIA NSW 2565 9605 2459

THE BUGLE



Message from the Principal

Dear members of the Bardia Public School community,

Term 3 interim reports will be sent home on Thursday. These reports are designed to give parents a general overview of how students are progressing academically and socially. If you have a concern regarding your child's progress you are welcome to make an appointment, at a mutually convenient time, with your child's teacher next term.

Traffic situation – Traffic around the school each afternoon is very busy. Please do not make the situation worse by not following the traffic rules and regulations and placing not only your own children but other children at risk. Drivers should not double (or triple) park at the Kiss and Ride zone and call children between cars to reach your car. Parents doing this are stopping the flow of traffic on Arthur Allen Drive and placing children at a higher risk of being hit by a car. Do not make a U-turn from the Kiss and Ride to head back to Macdonald Road. Cars should continue along Arthur Allen Drive until you can legally make a right hand turn which will bring you back down onto Bardia Avenue. Police and council have been notified of the traffic situation and drivers doing the wrong thing can expect to be fined! Please keep every child safe around our school each morning and afternoon.

Kindergarten Orientation – Our Kinder Orientation program will begin in November. Invitations have been sent out to all families who have enrolled for next year. If you have a child starting Kindergarten in 2020 and have not yet seen the office to start the enrolment process, please do so as soon as possible.

Public Speaking and Debating – Congratulations to all students who have taken part in the public speaking competition this term. We have 4 students competing at a district level at Greenway Park PS today and our undefeated debating team will have their next debate at school tomorrow morning. Good luck to all students!

Term 3 – Week 10 – 2019

September

Thursday 26^{th:} Thursday 26th: Friday 27^{th:}

Stage 2 Excursion Interim Reports go home Last day of Term 3

October

Monday 14^{th:} Monday 14^{th:} First day for students Jump rope for heart

Please remember that you MUST be here at 3.00pm each afternoon to collect your child. There is no afternoon supervision provided. If you are going to be late regularly you should enrol your child in after-school care. *Camp Australia* is the licensor on school premises. If there is an emergency and you will be unavoidably late, please ring the school before 2.30pm and inform the office staff.

Please note that children have been arriving at school long before 8.30am. Supervision is only provided from 8.30am.

Did you know that if a child is absent from school an average of 14 days per year from Kindergarten to Year 12 this equates to them missing a whole year of education?

If you really want your child to have a good future

make sure they come to school *every*

day! And on time!

As we come to the end of another term, we wish all our students and their families a happy and safe holiday. Term 4 commences on Monday 14th October for all teachers and students.

Miss Lewis Acting Principal

Disclaimer:

Bardia Public School does not endorse any product or services advertised in this newsletter.

Executive Teachers at Bardia Public School 29th August to 8th November

Acting Principal - **Miss Lewis** Assistant Principal Special Education – **Miss Hayman** Assistant Principal Infants (Kindergarten to Year 2) – **Mrs Duffy** (Monday to Thursday) Acting Assistant Principal Infants (Kindergarten to Year 2) – **Mrs Parker** (Friday) Acting Assistant Principal Implementation – **Mr Hanus-Smith** Acting Assistant Principal Support – **Mrs McCabe** Acting Assistant Principal Primary (Year 3 to Year 6) **Miss Morgan** (Monday & Tuesday) Acting Assistant Principal Primary (Year 3 to Year 6) **Mrs Levi** (Wednesday to Friday)

Effective Weeks 1 to 4, Term 4.

We need your help! Because our school is growing so quickly it is becoming very difficult when planning and allocating resources. It would help tremendously if you could let the school know: Do you have a child starting kindergarten in 2020?



We are in desperate need of parents to volunteer to help with embroidery.

We had some amazing embroiderers but they have gone back to work or have had a baby etc. If you have an hour or two to spare please come and see the staff at the front office.

NO EXPERIENCE REQUIRED - WE CAN SHOW YOU VERY SIMPLE - MACHINE DOES IT ALL

Library News

Wow! Where did the term go?! During this week the students will be helping the teachers return their class libraries and choosing new books for Term 4. It is at this time that many of the lost books are found.

Also students will not be personal borrowing as it is school holidays and often the children will be going away. We make an exception for children whose parents specifically want their child to borrow for the school holidays. Please contact us through email or the office and we will arrange borrowing for them.



Overdue notices will be sent out later this week after class libraries return to give students an opportunity to locate books during the holidays. If you are having trouble locating a book please contact us and we will check the library again.

Book Fair

Unfortunately we had many problems with book fair this year. If you have not received your order please contact us ASAP. We have made the decision to go with another company in 2020.

Parent Helpers

Thank you to my parent helpers this term. You continue to make our lives and our library run smoothly. If you wish to join our team please contact me and we can make an arrangement for you.

Enjoy your holidays.

Mrs Gabriela De Horta & Mrs Kathy Wyber Teacher Librarians



FROM THE OFFICE





URGENT! We have run out!

It would be appreciated if families would pop a box of tissues into their shopping trolley next time you are shopping to build up our supply. Boxes can be sent to the office.

Thank you in anticipation.

Office staff.



<u>School Banking</u>

Wednesday is school banking day and students should bring in their weekly deposit to the front office before 9:00 a.m.

For every deposit made at school, no matter how big or small, students will receive a cool Dollarmites token. Once students have individually collected 10 tokens they can redeem them for a school banking reward item in recognition of their continued savings behaviour. Remember our school earns 5% commission on every deposit made (to a maximum of \$10 per individual deposit). Thank you for supporting the School Banking program at Bardia Public School.



We have a quite a number of uniform items in lost property with no names. If your child has lost clothing that does not have their name on it but you feel you would recognise it, please go through the lost property (located in the blue crate under the COLA).

UNIFORM INFORMATION



Don't forget to bring your hat and jacket purchases to the office for embroidery with your child's unique initials. We retain a register of all records so we can return any **lost items to the students.**

Spare Uniforms

Do you have any uniform clothing that you don't use anymore? We would greatly appreciate it if you would

kindly donate them to the school as our spare clothing pool is getting low. Please drop off to the front office.



Hi everyone I have some exciting news!

Last term a lot of students requested sushi and tacos to go on the menu so I have decided to have TACO TUESDAY and SUSHI WEDNESDAY every week starting from week 7. Because these are new special menu items I kindly ask for these to be pre-ordered no later than the day before at the canteen so it gives Jade and I time to prepare.

Here are the pricelists:

TACO TUESDAY

2 x Beef, Cheese and Salad Tacos \$6.00 2 x Chicken, Cheese and Salad Tacos \$6.50 2 x Vegetarian Chickpea and Salad Tacos \$5.50

SUSHI WEDNESDAY

1 x Teriyaki Chicken and Cucumber Sushi Roll \$3.80
1 x Tuna, Cucumber and Lettuce Sushi Roll \$3.80
1 x Vegetarian Salad Sushi Roll \$3.50
1 x Crumbed Chicken, Carrot, Mayo and Lettuce Sushi Roll \$3.80
(Soy sauce is included with every sushi roll)

I hope this satisfies some hungry little tummies!

Lots of love Brooke xxx









3 Chicken Nuggets H

spaghetti Bolognese HM

Penne Napolitana H V HM

Hawallan or BBQ Chicken Pleza H HM

Beef Burnto HM

BRRF PIR H

Garlic Bread V HM

Beef Burger HM

Vegetarian Pizza V HM

Crumbed Fish Burger HM

Macaroni & Cheese HV

Crumbed Chicken Burger H HM



Lasagne H

Hash Brown V

Sausage Roll H

Beef Ple GF

curry chicken & Rice H HM

Butter Chicken & Rice H HM

Cheese & Bacon Roll HM

Spinach & Ricotta Roll V

Beef or Chicken Noodles H

Bruschetta Roll V HM

Vegetarian curry Rice V HM

Cheese Pleta HV HM

Tummy warmers

\$2.00

\$4.00

\$4.00

\$500

\$2.00

\$4.00

\$4.00

\$3.50

\$350

\$4.00

\$4.00

\$4.00

WEEKLY SPECIAL DISH

Keep an eye out on the Brooke's canteen Facebook page and the board outside of the canteen for the special dish of the week!



Sandwiches And Wraps

	Vegemite, Jam or Honey HM	\$1.50
	Cheese Sandwich V HM	\$2.00
	Cheese & Tomato Sandiwich V HM	\$2.50
	Ham 4 Cheese Sandwich HM	\$3.50
	Tina sandwhch HM	\$3.50
	salad sandwich V HM	\$3.50
	Ham & Salad Roll HM	\$4.00
	Egg & Lettuce Sandwich V HM	\$4.50
	Chicken 4 salad wrap HM	\$5.00
	sweet chilli chicken wrap HM	\$5.00
6	And the second	

Frozen Pineapple Ring GF V H HM

Banana Bread V

PLECE OF FIRIT GFV

carrot sticks GFV HM

Yoghurt TUb or custard cup V

Prozen Grapes Bag GFV

Watermelon CUP GF V HM

com cobette GF V H HM

Snack Food

500

\$100

\$100

\$100

\$2.00

\$2.00

\$2.00

\$150

POPCOM GF V H HM

ice Blocks V

2 X Vegemite saos V HM

2 X Cheese & Tomato Saos V HM

Red Rock Dell Crisps (280m) -

Honey say chicken & sea salt

Koala Popcom - BBQ, chicken + sweet chill \$2.00

Grain Waves (280m) sour cream 4 Chives \$2.00

Salad Boxes 4 Cold Food

Garden Salad Box GFVHHM	\$3.50
Fruit salad Box GFVHHM	\$4.00
Greek Salad V HM	\$4.50
Teriyaki Chicken Rice Paper Rolls HM	\$5.00
Vegetarian Noodle Rice Paper Rolls V HM	\$5.00
3 X Fish Fingers with salad HM	\$4.00
Teriyaki Chicken Salad HM	\$5.00
Ham or Tona Salad Box HM	\$5.00
Moroccan chicken salad Box HM	\$5.00
Fish Salad Box with Tartare Sauce HM	\$5.50
Yoghurt Fruit & Muesli Bowl V HM	\$5.00

\$100

\$1.00

\$2.50

\$2.00

50c to \$2.50





\$4.00

\$4.00

\$4.00

\$1.00

\$2.50

\$2.50

\$3.50

\$4.50

\$4.00

\$3.50

\$4.00

\$4.00

Non-statistical diversity of the statistical statistical statistical statistical diversity of the statistical statistic	
Cheese 4 Tomato H V HM	\$4.00
spinach & Feta H V HM	\$4.00
Ham & Cheese HM	\$4.50
88a Chicken H HM	\$4.50
Vegetarian H V HM	\$4.00
(or design your own)	



Thirst avenchers

Pruit infused v	vater
Oak Milk Lite	
Juce Bomb	
Juce Poppers	

All lunch orders must be placed by 9:00am. Sauces + diressings are available for 50c each. Sandwiches can be toasted upon request for an extra 50c and can also be changed to a wrap or bread roll for \$50c extra. Add cheese and any other extras for 50c each extra spoons and forks are 10c each Healthy mini snacks are available daily and range from 50c to \$2.00, these will be displayed on the bench at lunch and recess. All Halal options have Non-halal alternatives. To order online, head over to www.imuschadconnect.comau or payments can be made via cash & EFTPOS. Rice paper rolls are available after 1130am daily.



\$2.00

\$2.50

\$2.50

\$2.50

\$1.50

H = Halal, GF = Gluten Free, V = Vegetarian, HM = Homemade

BARDIA PUBL	IC SCHOOL - UNIFORM PRICE LIST.		
Macdonald Road			
Bardia, NSW, 2565 Phone : 9605 2			
<u>Email</u> : bardia-p.school@det.nsw	.edu.au		
Website : www.bardia-p.schools	.nsw.edu.au		
Available from the school (Mo	ndays 8.30 - 9.30am) and at our retail shop in Ing	leburn.	
Proudly supplied by :			
SKOOL UNIFORMS PTY LTD			
Shop 45A Oxford Road, Ingleburn	. 2565		
Phone : 9829-1027			
Email : skooluniforms168@gmail	.com		
	ve of GST.		
GIRLS UNIFORM	SIZES	PRICE	
Dress	5, 6, 8, 10, 12, 14 and 16	\$62.00	
Polo Shirt with Logo	5, 6, 8, 10, 12, 14 and 16	\$29.00	
Jazz Pants	5, 6, 8, 10, 12, 14 and 16	\$26.00	
Skort	5, 6, 8, 10, 12, 14 and 16	\$24.00	
Navy Tights	4 to 6, 6 to 8, 8 to 10, 10 to 12, Ladies 2 to 8	\$10.00	
BOYS UNIFORM			
Polo Shirt with Logo	5, 6, 8, 10, 12, 14 and 16	\$29.00	
Microfibre Shorts	5, 6, 8, 10, 12, 14 and 16	\$20.00	
UNISEX UNIFORM			
Polar Fleecy Jumper with Logo	5, 6, 8, 10, 12, 14 and 16	\$34.50	
Bomber Jacket with Logo	5, 6, 8, 10, 12, 14 and 16	\$44.00	
Fleecy T/Pants with Cuffs	5, 6, 8, 10, 12, 14 and 16	\$23.00	
Bucket Hat with Logo	S (55cm)/M (57cm)/L (59cm)	\$14.50	
Sport Socks	S (9 to 2)/M (2 to 7)/L (7 to 12)	\$10.50	
White Socks	9 to 12, 13 to 3, 2 to 8	\$3.80	
PAYMENT BY CASH, EFTPOS, CREDIT C	ARD (VISA / MASTERCARD) AND INTERNET (EFT) AVAILA	BLE.	
Account name : Skool Uniforms	BSB : 062185 Account number : 498172378		
Reference is BPS plus childs nam		V2	

ENTRY FORM	NACARTHI Nature Photography competitio
Given name/s:	
Postal address:	
Contact number: Email:	
School: (if applicable) School year:	
Age: (please tick)	Primary school section (up to 12 years) High school section (13 - 18 years) Open section (18+ years)
Categories: (please tick)	Flora Fauna Waterways Experience Nature Landscapes of Macarthur
Title of work:	
Location photo wa	as taken:
Your photo's story	(30 words or less)

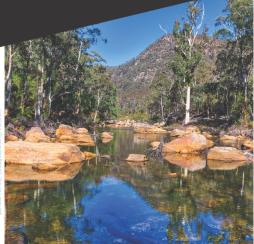
HOW TO ENTER

- Take some photos that relate to the competition categories within the Campbelltown, Camden or Wollondilly Local Government Areas
- Carefully read all the competition rules. 3.
- Online entries To enter your digital photos online, visit campbelltown.nsw.gov.au/MNPC
 - a. Please note: Online entries will incur an \$11 fee per image to cover the cost of printing and mounting your image/s, in line with the competition requirements.
- b. If you want you and your school to go into the running to win the School Prize Package, be sure to include your school details and your year on the entry form.





Entry form



COMPETITION RULES

- 1. For the purposes of this competition, the competition organisers are defined as nominated staff involved in the organisation and coordination of the competition from Campbelltown City, Camden and Wollondilly Shire Councils.
- 2. The subject matter of the photographs submitted must be from within the Macarthur region, defined as Campbelltown, Camden and Wollondilly Local Government Areas (LGAs), and must be obtained lawfully.
- 3. Photographs may be black and white or colour. Each entrant may enter a maximum of five photographs in the competition
- 5. The content of a photograph must not be changed or manipulated in any way; that is, no cloning, montaging, or digital manipulation other than cropping, toning, digital spotting, burning and dodging is permitted. No addition or removal of subject matter is accepted. Retouching is limited to removal of normal scratches and dust spots. Colour adjustment should be minimal.
- Each photograph can only be entered into one theme. A panel of judges approved by the General Managers of the three participating councils, representing photography, art and local biodiversity expertise, will select the theme place winners and shortlist 10 images for the People's Choice Award, the winner of which will be chosen on the
- Awards Night by the general public. The judges' decision is final. Respective Councillors, competition organisers, the 8. judging panel and their immediate families are not eligible to enter the competition.
- Entries must be submitted online by 5pm, Friday 18 October 2019. 9. Please note: this year we are trialling online entries only. 10. Late entries will not be accepted.
- 11. Any photos that have not been collected by February 2020 will be disposed of.
- 12. The competition organisers will not cover transport costs incurred in delivery or return of works.
- 13. Entrants must organise their own insurance cover against damage, loss by any means or theft. The competition organisers do not insure works in transit, storage or handling or on exhibition.
- 14. Entrants in this competition give permission for their works to be reproduced by print and electronic media by the competition organisers for not-for-profit publications, advertising and promotional purposes. Entrants will be acknowledged if the image is reproduced.
- 15. All personal information gathered by the competition organisers will be used solely for the purposes of administering the Macarthur Nature Photography Competition.

declaration: I have read and agreed with the com within this form. I declare that the work's provide g this declaration, I authorise the competition arg ompetition rules and the information ided by me are original. I understand organisers to reproduce my work/s fo not-for-profit publications, advertising and promotional purposes

Signature



Date / /

PRIZES

PRIMARY SCHOOL AGED (5 TO 12 YEARS)

- \$100 cash and \$100 Narellan Town Centre
- voucher for first place in each theme*
- \$75 cash for second place in each theme*

• HIGH SCHOOL AGED (13 TO 18 YEARS)

- \$150 cash and \$100 nature based experience
- voucher for first place in each theme*
- \$100 cash for second place in each theme*

• OPEN SECTION (18+ YEARS)

- · \$250 cash and \$100 nature based experience
- voucher for first place in each theme*
- \$150 cash for second place in each theme*

• HIGH SCHOOL AGED (13 TO 18 YEARS)

· \$200 nature based experience voucher for each category

* Only for Flora, Found and Woterways themes

DON'T FORGET!

The People's Choice Award is back again this year, with Macarthur Camera House providing an amazing prize for the most popular photo, voted by YOU on the awards night!

Cameras come in all shapes and forms these days. Snap a shot on your smart phone, iPad or camera!

Images that showcase the diverse array of native flora found within the Macarthur region (ie: plants, flowers, trees, leaves, bark).

FAUNA

Images that celebrate our unique native fauna found within the Macarthur region (ie: birds, mammals, invertebrates, reptiles, amphibians).

WATERWAYS

Images reflecting an aspect of the lakes, rivers and creeks of the Macarthur region (i.e. Thirlmere Lakes, Georges River, Nepean River and their tributaries).

EXPERIENCE NATURE

Images which capture the best natural experiences the Macarthur has to offer. From bushwalking and swimming in secret waterholes, to your favourite lookouts. Images must predominantly showcase the natural environment and include a person/s.

LANDSCAPES OF MACARTHUR

Panoramic images of characteristic landscapes and views of the Macarthur highlighting the unique features of the region (i.e. sunsets/sunrises, local nature reserves, national parks).

CATEGORIES

FLORA



Easy Pizza

healthylunchbox.com.au

Nutrition Snippet Healthy Lunch Box The simple version of the S food groups plus water. Our chicken and veg fried rice

For more examples and to build your own visit <u>healthylunchbox.com.au</u>

healthylunchbox.com.au

At TWO locations near YOU! BOOK NOW MOTIV8SPORTS.COM.AU macarthur@motiv8sports.com.au Macarthur Adventist AND motivesports St Gregory's

OCTOBER 2019

Find us on Facebook Motivesports Macarthur

Cei mejo mouree FREE jersery for all new campers! Campers who attend Mega Camp will compete for the EAST SIDE ALL STARS, WEST SIDE Campers who attend Mega Camp will compete for the EAST OIDE ALL STAKS, WEST OIDE ROLLERS, SOUTH SIDE SONICS & NORTH SIDE COMMANDO'S – earning points over the 2 days to be crowned Mega Camp champions. With our trademark array of non-contact sports and to be crowned Mega Camp Gnampions, with our trademark analy of non-contact sports and steam building challenges, this is sure to be the best two days of your holidays. Mega Camp is team ounlaing onalienges, this is sure to be the best two days of your nondays. Wega camp is only held once a year giving campers a chance to participate in 12 of our hybrid sports and 12

BOOK NOW!

special All-Star Showdowns.

Pizza Day 2 Ash 0409 115 515 Ben 0421 432 410



Can you believe there's only one week until school holidays?

Starting next Monday, we're taking the children on a journey of exciting adventures, self-discovery and creative expression. Hurry in and join us at

Superhero School Holidays!

Every child is unique, as are each of our Holiday Club service programs. You can access any of our 230+ services across Australia. Pick a service close to home, work or maybe at your holiday destination – the choice is yours!



Book now. To find out where and when these activities are on during the school holidays and join in the fun, visit: <u>www.campaustralia.com.au/holidayclubs</u>.

Plus, every attended booking gets an entry into our competition. Your family could be on your way to the sunny Gold Coast. See our website for more info.

We look forward to seeing you at Superhero School Holidays.

The Camp Australia Team

Conditions apply, see https://www.campaustralia.com.au/promotion-terms-and-conditions. AU res 18+. Starts: 9/8/19. Ends: 11:59pm AEDST 20/10/19. 1 entry p/session p/child booked. Child must attend session for entry to be valid. Draw: S5 Erina Plaza, 210 Central Coast HWY, Erina NSW 2250 at 10am AEDST on 22/10/19. Winners at campaustralia.com.au/families/holidayclub {& The Advertiser for any SA winners} on 25/10/19. Prizes: 1x trip for 2 adults & 2 children (12yrs & under) to Coolangatta, QLD valued at \$6,600; & 8x \$500 travel vouchers. Promoter: Camp Australia Pty Ltd (ABN 96 060 703 120) of 1731 Malvern Rd, Glen Iris, VIC, 3146. Permits: NSW. LTPS/19/36128 ACT. TP19/03714 SA. T19/1121.



What We Have been doing in Our OSHC Program

We've been trying new activities in our OSHC program recently, including sensory activities The children have led the way in exploring these activities, having lots of fun and sharing ideas along the way. <Clay and sand >.

Also we had lots of fun having art and craft, origami activities, and constructions. Children learnt lot s of skills and that improved their knowledge

In the last 2 weeks we had:

Activity name	Activity name	Activity name	Activity name	Activity name
Group games	Board games	Sensory activities	Constructions	On the sensory
		Playing with clay ,		activity children
Such as Wizard	Connect 4,Bingo,	make different	Such as making	use their
winks, tip, move	monopoly and	shapes and paint it	school and a	imagination to
,freeze, and	many others.		shopping Centre	search in the sand
musical chairs			out of Lego. As	about any insects
	Under the sea		well as Eiffel tower	or ants. Also make
Art and craft	craft /Children use			a sand castle
Colorings and free	paper plates to			
choice painting/	make jellyfish and			
sand art	learned about			
experience	under the sea			
	creatures			

Meet Our Team

We're here to make OSHC the best experience possible. If you have any questions about the program, feel free to drop by, meet our team and see what happens first hand in the program.

Register and Book Now

To register and book your child in our program, visit <u>www.campaustralia.com.au</u> and use the school finder on our homepage to search for Bardia public school. To secure your child's spot, we always recommend making your bookings in advance

Safety · Meaningful · Innovative · Leadership · Education we make Kids smile

NOTICES



SCHOOL HOLIDAY TENNIS CLINIC @ WESTS TENNIS CLUB

5 DAY CLINC 30TH SEPT - ATH OCI

\$175 For the 5 day clinic (9am—3pm) Or \$40 per day (half day only \$25)

Perfect for ages 4-17

Beginners welcome
 Full supervision is provided
 Trophies awarded to divisional winners
 FREE LUNCH & DRINK ON THE FINAL DAY!

Questions or enquiries call, SMS or email Jared—0404 457 088 jared@centrecourttennis.com.au







Sunday 29 September 2019 Free fun and fitness for the family!

Ready to Ride Day

10am to 12pm Eschol Park Complex, Eagle Vale

- Free safety and maintenance checks on your bike
- Free face painting and jumping castle
- Free morning tearefreshments provided and much more
- Free 20 min Learn To Ride session (bookings essential)





Heaps of fun activities on the day!

- Bike safety quiz
- Prize draws
- Ride the circuit paved surface and one way traffic for safety
- 20min Learn To Ride sessions (bookings essential)
- safety and maintenance checks on your bike
- face painting and jumping castle
- morning tea refreshments provided
- BYO picnic gear (blankets and chairs)

Important

- BYO bicycle and helmet
- Children need to be supervised by an adult



"Bringing People and Bikes Together

For more information visit campbelltown.nsw.gov.au/readytoride or call 4645 4376



If you and your children want to have fun, learn new skills, and be part of a fun, family community, then Storm is the club for you!

Registrations are now being taken. Ages 5 years old to seniors.

Tee ball through to Softball

Boys & Girls

No experience necessary!

Everyone is welcome!

All games are played at the same place and time each week!

For more information: Call: 0450709663

Or email: stormsoftball@hotmail.com.au

Or come along to of our

Come & Try Day & Registration -

Sunday 15th September,2019

1.00pm-3pm

Milton Park, Macquarie Fields.

Affiliated With Softball Campbelltown

GO4FUN[®] HEALTHY ACTIVE HAPPY KIDS

Go4Fun is a free 10 week healthy lifestyle program for kids between 7-13 years of age who are above a healthy weight.

The program helps families by teaching them about healthy eating and physical activity through fun games and activities.

Term 4 Programs

Programs starting from 14 October 2019

Eagle Vale Central Swim Program Cnr Emerald Dr and Feldspar Rd, Eagle Vale Mondays 4:30-6:30pm

Campbelltown PCYC 95 Minto Rd, Minto Wednesdays 4:30pm-6:30pm

Mount Annan Leisure Centre YMCA

Swim Program 363 Welling Dr, Mount Annan Saturdays 1-3pm

> For more information or to register, contact us on 1800 780 900 or visit go4fun.com.au

