



BARDIA PUBLIC SCHOOL NEWSLETTER

Macdonald Road
BARDIA NSW 2565
9605 2459

'THE BUGLE'



Term 2 – Week 8 – 2017

Message from the Principal

Dear members of the Bardia Public School community,

Keeping your children safe is something we take very seriously here at Bardia PS. Looking after 317 students requires careful planning. Knowing where every child is at all times is crucial to their safety. There are certain times when our worries and the risk to safety increase. Home-time is just such a time. Because of our dangerous parking and traffic situation (not to mention every school's concern, stranger danger) we have a few school rules to keep your children safe:

1. If a parent is not there to meet their child at 3.00pm the child should wait **in the office**. Please call the office **before** 3.00pm if you are going to be unavoidably late.
2. All parents and carers should park their cars and come into the school to then escort their children out of the school. (Children **should not** be making their way through the chaotic car park and across the very busy Macdonald Road by themselves!).
3. If students are at school after 3.00pm, in the care of their parents, the same school rules apply as they do during the day. Please remind your child that they should not be playing behind classrooms or in the trees and bushes at the back of the school.

Car park – please use extreme care and caution when using the car park. Please give way to children and their parents who are using the crossing to enter the school from the car park.

JUNE

- Thursday 15th: SSW Cross Country
Tuesday 20th: Friends of Bardia 6pm –7.30pm in Library
Tuesday 20th: Cyber Safety Workshop – Library from 6pm
Wednesday 21st: Athletics Carnival
Thursday 22nd: K-2 Responsible Pet Ownership Talk
Thursday 22nd: Assembly – 2pm – All Welcome
Friday 23rd: Gala Day Makeup
Monday 26th: Years 5&6 Museum of Contemporary Art
Tuesday 27th: Year 6 Line of Coin Fundraiser
Wednesday 28th: NAIDOC Day
Wednesday 28th: Student Reports sent home
Thursday 29th: Athletics Carnival backup
800m race 8-12 year olds
Friday 30th: LAST DAY OF TERM 2

JULY

- Tuesday 18th: Students return to School

CANTEEN

Healthy meal deals Fridays only

Weeks 8 & 9:

Chicken & Sweet Corn Soup \$3.50

Meal Deal \$4.50

(Meal deal includes a water or juice and fruit or smiley faces)

Orders can be placed at the Canteen before Friday

We require extra volunteers to be on call. If you able to help, please contact the office and leave your details.

UNIFORM SHOP IS OPEN EVERY

MONDAY MORNING

FRIENDS OF BARDIA

Fundraising provides your children laptops, tablets and air-conditioned classrooms! Your help is appreciated!

Next Friends of Bardia meeting Tuesday 20th at 6pm in the Library.

Disclaimer:

Bardia Public School does not endorse any product or services advertised in this newsletter.

Friends of Bardia (FOB) – please come along to our FOB meeting on Tuesday 20th June, 6pm to 7.30pm, in the library. It's the only way to learn more about the way the school works!

Our school camp this year is to the Bathurst Goldfields. A full itinerary will be sent home later this term. This is a 2-night camp which aligns with the stage three syllabus. This camp is only open to Year 5 and Year 6 students. If you want to secure your child's place on the camp, please complete the permission note that was sent home and place a deposit at our Admin Office before 3.00pm asap. The total cost of the camp will be between \$350 and \$370, depending on numbers.

Please remember that you must be here at 3.00pm each afternoon to collect your child. There is no afternoon supervision provided. If you are going to be late regularly you should enrol your child in our After School Care. If there is an emergency and you will be unavoidably late, please ring the school immediately and inform the office staff.

Sport News

Congratulations to Yogi Tank who was successful in trialling for the zone boys basketball team. Yogi's team participated in a gala day on Monday June 5th. His team played against other teams within the SSW region and won one of their games. Well done Yogi!

SSW Cross Country Carnival

The following students were successful in qualifying for the regional cross country carnival to be held on June 15th, 2017: Tarik Mesa, Blake Bolwell, Max Dawson, Bailey Fleming and Hudson Warren.

Congratulations boys and good luck at the carnival!



Library News

Chess Club

Chess club will continue Thursday 2nd half of lunch. This is open to students in Years 3-6 and younger students if they know the rules of the game.

Information concerning the inter-schools competition will be posted this term and I will be sending a note home for an expression of interest within the next few weeks. If you are seeking more information about this competition please check the website

www.nswjcl.org.au



New Date!!!

Cyber Safety Workshop for Parents

At the beginning of each year we teach the students about cyber safety, this year we are offering a workshop to help parents keep their children safe online. You will learn what the most dangerous activity is for students online and how to protect them. We will explain department policies on cyber bullying and how to report as well as how to set up parental controls on your computer and where to find help. This is not just for parents of older children!

When: *Tuesday 20th June, 2017 from 6pm*

Where: *Library*

RSVP: *Now to ensure it goes ahead*

Happy Reading!

Kathy Wyber

Teacher/Librarian

FROM THE OFFICE

CRAFT SESSIONS

We are running craft sessions during the lunch period. If you have any craft items you could donate (e.g. wool, knitting needles, ribbon etc.) please hand in to the office.



All donations welcome.

We would like to give a huge thankyou to everyone who has already donated.

Mrs. White – SLSO

School Banking



Wednesday is school banking day and students should bring in their weekly deposit to the front office before 9:00 a.m.

For every deposit made at school, no matter how big or small, students will receive a cool Dollarmites token. Once students have individually collected 10 tokens they can redeem them for a school banking reward item in recognition of their continued savings behaviour. Remember our school earns 5% commission on every deposit made (to a maximum of \$10 per individual deposit). Thank you for supporting the School Banking program at Bardia Public School.




We are currently updating our emergency contact numbers. If you have recently changed your telephone number or emergency contacts could you please notify us in writing of any changes.



LUNCH ORDERS

When ordering lunch for your child, please ensure you write your child's name, class and order clearly on a paper lunch bag. It is also important to write any specific requirements e.g. no butter etc.

Please make sure lunch orders are placed first thing in the morning at the canteen. If the door is closed place the order through the slot.


 Nutrition Snippet

The simplest way

...to save money and improve your health.

Including two serves of fruit and five serves of vegetables in your daily diet can help prevent cancer and save you money too.

Reducing the amount of expensive meat ingredients and increasing the amount of cheaper vegetable ingredients in recipes is a great way to boost your veg intake and reduce the grocery bill.




Try it with:

Pizza – limit or avoid processed meats and add more mushrooms, capsicum, onion or leftover roast veges.

Stir fries – reduce the meat and add extra capsicum, broccoli, snow peas and bok choy.

Bolognaise – use less mince and more grated or chopped carrot, celery and zucchini or add canned lentils or kidney beans.

For more information visit
www.eatittobeatit.com.au
 or join us at facebook.com/eatittobeatit



 Nutrition Snippet

The simplest way

...to choose the best lunch box drink.

When it comes to packing a lunch box drink, water is the best choice!



Milk is a great drink too – add a plain milk popper to the lunch box as well to give kids a calcium boost.

Drinks such as fruit juice, cordial, flavoured mineral water, soft drink and sports drinks are high in sugar and low in nutritional value. So limit or avoid these drinks.

It is best to only drink juice occasionally and it should not be packed in the lunch box. Avoid "fruit drinks" as these are just sugar water and a little juice.

Remember, water is essential so make sure you pack a bottle of it in the lunch box every day.

For more information visit
www.eatittobeatit.com.au
 or join us at facebook.com/eatittobeatit



Bardia Public School Canteen Menu

Summer 2017

Sandwiches (Available on White or Wholemeal Bread)	
Spreads Vegemite, Jam or Honey*	\$1.60
Cheese	\$1.80
Egg and Lettuce	\$2.20
Ham	\$2.20
Tuna*	\$2.20
Chicken	\$2.50
Salad (Lettuce, tomato, cucumber, carrot, beetroot)	\$3.00
Salad with Ham or Chicken	\$3.50
Crispy Chicken Wrap with Lettuce & Mayo*	\$3.50

Extras-	
Mayo	10c
Lettuce, Beetroot, Carrot, Tomato & Cucumber (each item)	30c
Cheese slice	30c
Toasted	50c
Bread Roll or Wrap	50c

Hot Food	
Fish Fingers (limit 10)*	40c
Dino snacks (limit 10)*	50c
Chicken Chippies (limit 10)*	50c
Corn on a Cob	50c
Hash Brown	\$1.00
Sausage Roll	\$2.50
Lasagne	\$2.80
Mac & Cheese	\$2.80
Pizza - Margerita/ BBQ Chicken	\$3.00
Meat Pie *	\$3.30
Tomato or BBQ Sauce Packet	.20c

Burgers	
Beef or Chicken* with mayo or sauce	\$3.00
With Lettuce, Cheese, mayo or sauce	\$3.30
With Lettuce Tomato and mayo or sauce	\$3.60

(Extras can be added view sandwiches)

Snacks	
Breadstick	10c
Apple Slinky	50c
Fruit Cup	50c
Popcorn	60c
Jumpys (Chicken)	\$1.00
Jelly Cup	\$1.00
Red Rock Deli- Honey Soy Chicken	\$1.20
Plain Chips	\$1.20

Ice Blocks	
Zooper Dooper	50c
Suprise	50c
Paddle Pop	\$1.50
Frozen Yoghurt	\$1.50

Drinks	
Water 250ml	60c
Water 600ml	\$1.00
Juice (orange, apple & blackcurrent, apple)	\$1.20
Milk (strawberry & Chocolate)	\$1.20
Quench Apple Rasp, Blue Haven, Cola, Lemonade)	\$1.50
Slushi	\$1.50
Up & Go (Strawberry, Vanilla, Choc)	\$1.80

No food from Outside can be re-heated

* = Halal

WHEN ORDERING PLEASE INCLUDE YOUR NAME & CLASS Please let us know the type of bread you would like and if you want butter. If your child has any special dietary requirements please let any of the canteen staff know. We always looking for volunteers if you are interested please call 9605 2459

BARDIA PUBLIC SCHOOL**UNIFORM ORDER FORM**

Date: _____

Name: _____ Class _____

Phone: _____

ITEM	PRICE	SIZE	QUANTITY	AMOUNT	Embroidered Student's name included
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G= girls only B = boys only G/B = boys and girls

Polo Shirts Blue/Yellow Stripe (G/B)					
Sizes 4,6,8,10,12,14y,16y	\$22.00				
Sizes 14s, 16m	\$25.00				
Royal Polar Fleece Jumper (G/B)					YES
Sizes 4,6,8,10,12,14y,16y	\$27.00				
Sizes 14s, 16m	\$30.00				
Bomber Jackets (G/B)					YES
Sizes 4, 6, 8, 10, 12, 14, 16	\$35.00				
Dress Uniform (G)					
Sizes 2, 3, 4, 6, 8, 10, 12, 14 and 16	\$60.00				
Skorts (G) used for sport					
Sizes 4,6,8,10,12,14y,16y	\$18.00				
Blue Shorts Microfibre Style (B)					
Sizes 3,4, 6, 8, 10, 12, 14, 16	\$15.00				
Blue Shorts Rugby Knit Style (B)					
Sizes 3, 4, 6, 8, 10, 12, 14, 16	\$15.00				
Track Pants with Cuffs (B)					
Sizes 4, 6, 8, 10, 12, 14, 16	\$16.00				
Track Pants Straight Leg (B)					
Sizes 8, 10, 12, 14, 16	\$16.00				
Jazz Pants (G) worn during Term 2 and 3 only <i>Please note that girls may wear navy blue tights with the dress in winter and NOT purchase the jazz pants</i>					
Sizes 4, 6, 8, 10, 12, 14, 16	\$18.00				
Navy Tights (G)					
Sizes 4-6, 7-10, 11-14	\$10.00				
School Hats (G/B)					YES
Bucket Hat XS, S, M, L, XL	\$10.00				
Sports Uniform (G/B)					
Football / Soccer socks	\$9.00				

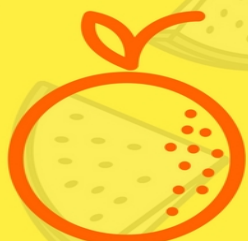
Total Amount Due	\$
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ALL THE ABOVE ITEMS ARE AVAILABLE AT THE SCHOOL CANTEEN**UNIFORM SHOP OPERATING HOURS – MONDAY MORNINGS****PRICES CURRENT AS AT TERM 2 2017**



CANTEEN

Term 2 Meals



Week 2-3 Sushi \$2.50

Week 4-5 Pasta Plain \$2.50

Belegnase \$3.50

Week 6-7 Stirfry \$3.00

Weeks 8-9 Chicken & Sweet

Corn Soup \$3.50



The school is a member of the Amart All Sports Community Kickbacks Program. Customers of Amart All Sports can elect Bardia Public School to receive credits against purchases made.

You will need to join the Amart All Sports Team Amart Loyalty Program and nominate Bardia Public School as your "Relevant Participating Club or School".

You will receive a loyalty program card which must be swiped or selected when purchasing goods in store or on-line in order for the school to accrue credits. Once the school's credits reach \$2000 (ex GST) within a 12 month period the school will receive a 5% store credit (\$100).

This is a convenient way for the school to acquire sporting equipment for the benefit of all our students.

Bardia Public School
Initiated by Bardia Public School P & C Association

NOTICES



1st CATHERINE FIELD SCOUT GROUP

C/- 173 ROSSMORE CRESCENT
ROSSMORE 2171.
Mob: 0409912052
e-Mail: nepeanfox@bigpond.com

Parent Information Night 28 June 2017

Location: Catherine Field Scout Hall Catherine Field Rd Catherine Field next to Fire Station

Your local Scout Group is now taking new members, youth and adult, boys and girls in all sections, the following indicates the age range for each section;

Joey Scouts 6-8years Cub Scouts 7.5-11years
Scouts 1-15 years Venturers 15-18 years

The aim of Scouting is to encourage the physical, intellectual, social, emotional and spiritual development of young people (both boys and girls) so that they take a constructive place in society as responsible citizens, and as a member of their local, national and international communities. **Contact: Gordon Ph 0409912052**



Nurturing safe, confident and resilient families in partnership with parents of young children

VOLUNTEERS NEEDED

Would you like to be a community volunteer who supports families with a newborn baby?

Volunteering brings great personal satisfaction, it also opens doors to new friendships, knowledge and experiences.

FOCUS on Families is committed to providing support to parents with infants and young children. We offer in-home volunteering commencing with a family in the vital first few weeks of bringing home a new baby and continuing up to a year as the need requires. We ask that you commit up to 2 hours a week to volunteer, for a minimum of six months.

Alongside our partners at Karitane we provide our volunteers with training in the latest care techniques before placing you into our program. Our next training intake is scheduled for August 2017, we are seeking new volunteers living in or willing to travel to the Campbelltown and Glenfield local areas.

Should you have any further queries please contact our Volunteer Coordinator - Penny Lewis on (02) 4628 1182 or volunteer.focus@cuc.unitingchurch.org.au

Thank you for your interest and we hope to welcome you to the FOCUS team soon.



Aboriginal Go4Fun @ Tharawal Aboriginal Corporation, Airds



Help your family get healthy, active and happy with Go4Fun

Go4Fun is a ten week healthy lifestyle program for kids aged 7-13 who are above a healthy weight.

To find out more and register:

www.go4fun.com.au

1800 780 900

Go4Fun@sswahs.nsw.gov.au

Or Contact Tharawal on 4628 4837



Health
South Western Sydney
Local Health Network



FREE Healthy Kids Program

COULD YOUR KIDS DO GO4FUN?

- ☒ FREE PROGRAM FOR KIDS AGED 7-13 ABOVE A HEALTHY WEIGHT
- ☒ FAMILIES LEARN HEALTHY EATING AND EXERCISE WITH FUN GAMES
- ☒ BUILDS CONFIDENCE AND SELF-ESTEEM
- ☒ AFTER SCHOOL DURING TERM IN AN ENCOURAGING ENVIRONMENT

Enrol in a program near you today!

MOUNT ANNAN
EAGLE VALE
CAMPBELLTOWN
MACQUARIE FIELDS
LIVERPOOL
BANKSTOWN
FAIRFIELD
REVESEBY
TAHMOOR
MITTAGONG

1800 780 900

www.go4fun.com.au



Health
South Western Sydney
Local Health District

NAIDOC WEEK AT OUR HOUSE

Tuesday July 4, 2017
10 am - 3 pm
Parliament of NSW

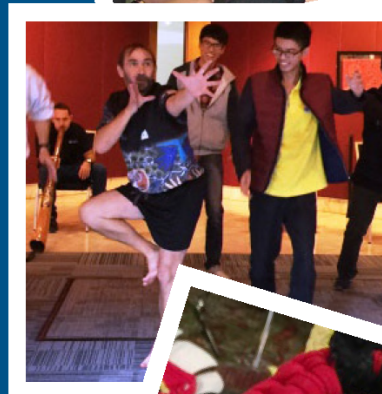
FREE FUN ACTIVITIES! ALL WELCOME!

A fun day with activities for the whole family including storytelling, Aboriginal art & crafts, playing didgeridoo and learning Aboriginal dances, as well as Dharawal Language workshops.

Sausage sizzle on the day! (\$3 per sausage sandwich)

Phone: (02) 9230 2047

Email: dps.education@parliament.nsw.gov.au



New South Wales
Aboriginal Education
Consultative Group Inc.



Our Languages Matter
2-9 JULY 2017





GREAT FUN

- ★ Outdoor games and sports
- ★ Arts & Crafts
- ★ Playing with friends
- ★ Great Educators
- ★ Food and Cooking
- ★ Indoor Activities



Term 2 at Bardia Public School OSHC

In Week 6 as a part of the service cultures program and to raise the children's awareness up of the community diversity around us; together we had celebrated the NAIDOC week the week all about Aboriginal and Torres Strait Islander people. We had run lots of activities through the week including:

-Awareness discussions with children about Aboriginal and Torres Strait Islander cultures, flags and their colours symbolism.

-Languages and dialects.

-Aboriginal's suburb names and their meaning.

Also, we had mega colour-in of the main totem animals that belongs to the Aboriginal people's cultures; as we explained to the children how each one of those animals refers to something in their culture and mean something in their language. Children colour it in and displayed it at the service.

In week 7 we had technology week, as we discussed with the children the influence of technology in our lives and the negative impact of technology if used unwisely, this activity gives children the time to think about the simple things surrounding us and considered as a part of technology.

Also during that week we had run a range of different activities belongs to technology like; Technology word search, as the children were very excited and they had word search competition and the first three winners got a prize. In addition children had a group time assembling the Helica Clip car and play together.

The Holiday Club

As the Holiday just around the corner, We would like to remind all the parents and carers about the holiday club program. Please see the other page attached regarding Camp Australia holiday club program.

As there will be a terrific program and activities also excursions in the holiday club. For more details about the program, you can check Camp Australia web.

If you have any questions about the program – please feel free to drop by, meet the team and see what happens in after school care first hand.

Program Details

To find out more about our program, view fees and to register visit www.campaaustralia.com.au



Your kids are invited to... Spok's Party!

It's going to be one big party these school holidays with a celebration that has been planned for your kids by our friend Spok, all inspired by his most favourite things to do and see. Some of the feature party days coming up include:

	<p>Build and take home your own Planetarium. Get ready for Planetarium FUN as we get out-of-this-world creative! Build, design and decorate what your solar system will look like. And of course, every solar system needs a story - create your own to share.</p>
	<p>Introduction to Coding. Pop on your code creation caps, it's programming time in a highly interactive and fun workshop. In groups, we'll learn about the fundamentals of coding with 4 separate stations including: algorithms, programming, functions & variables and an experience with Ozobots (advanced robotics packed in a cubic inch)!</p>
	<p>Build and take home a Terrarium. You'll give two (green) thumbs up today because we are building our own indoor garden to take home and watch bloom in our own room! We'll learn about plant life-cycles and the environment and then create our own piece of green.</p>
	<p>At the Movies. We're off to the movies to see the latest kid's films. Check out the program to see what movie we are going to see!</p>

To find out what other awesome activities are coming up at a school near you these holidays and to register and book visit: www.campastralia.com.au/holidayclubs

We look forward to seeing you soon!

The Camp Australia Holiday Club Team