



BARDIA PUBLIC SCHOOL NEWSLETTER

Macdonald Road
BARDIA NSW 2565
9605 2459

'THE BUGLE'



Term 2 – Week 6 – 2017

Message from the Principal

Dear members of the Bardia Public School community,

Friends of Bardia (FOB) – please come along to our FOB meeting on Tuesday 20th June, 6pm to 7.30pm, in the library. It's the only way to learn more about the way the school works!

Our school camp this year is to the Bathurst Goldfields. A full itinerary will be sent home later this term. This is a 2-night camp which aligns with the stage three syllabus. This camp is only open to Year 5 and Year 6 students. If you want to secure your child's place on the camp, please complete the permission note that was sent home and place a deposit at our Admin Office, asap. The total cost of the camp will be between \$350 and \$370, depending on numbers.

Please remember that you must be here at 3.00pm each afternoon to collect your child.

There is no afternoon supervision provided. If you are going to be late regularly you should enrol your child in our After School Care. If there is an emergency and you will be unavoidably late, please ring the school immediately and inform the office staff.

JUNE

- Thursday 1st: Sydney Colonial Walking Excursion
3/4D, 3/4P, 2/3L (Year 3 only), 4/5M (Year 4 only)
- Tuesday 6th: Wooglemai Excursion 1/2L & 1/2S
- Wednesday 7th: Featherdale Wildlife Park - Kindergarten
- Thursday 8th: Assembly – 2pm – All Welcome
- Friday 9th: Gala Day
- Thursday 15th: SSW Cross Country
- Tuesday 20th: Friends of Bardia 6pm – 7.30pm in Library**
- Tuesday 20th: Cyber Safety Workshop – Library from 6pm**
- Thursday 22nd: K-2 Responsible Pet Ownership Talk
- Thursday 22nd: Assembly – 2pm – All Welcome
- Monday 26th: Years 5&6 Museum of Contemporary Art
- Tuesday 27th: Year 6 Line of Coin Fundraiser
- Wednesday 28th: Student Reports sent home
- Thursday 29th: Athletics Carnival
- Friday 30th: LAST DAY OF TERM 2**

**Healthy meal deals Fridays only
Weeks 6 & 7:**

**Chicken & vegetable stir fry with rice \$3
Meal Deal \$4**

(Meal deal includes a water or juice and fruit or smiley faces)

Orders can be placed at the Canteen before Friday

We require extra volunteers to be on call. If you are able to help, please contact the office and leave your details.

UNIFORM SHOP IS OPEN EVERY

MONDAY MORNING

Fundraising provides your children laptops, tablets and air-conditioned classrooms! Your help is appreciated!

Disclaimer:

Bardia Public School does not endorse any product or services advertised in this newsletter.

Sport News

We have had news about another talented Bardia student who has been successful in trialling for a zone sporting team. Congratulations to Piper Cryer who made the zone softball team.

Piper's team played against other teams from our region at the SSW carnival on Monday May 22nd at Camden. Piper's team made it to the semi-finals and were ranked third outright. What an achievement!



Congratulations to Ilori Platten and Kristyn Nguyen who have been successful in trialling for the zone netball team. Ilori and Kristyn will participate in a gala day where they will play against other teams within the SSW region. Well done girls and good luck at the gala day!



A massive thank you to our wonderful band of volunteers in the canteen, uniform shop and the Friends of Bardia fundraisers.

These amazing volunteers initially underwent training to fill the positions required to run these vital services. Since then they have performed their roles with pride and efficiency.

Our enthusiastic canteen and uniform volunteers have done an amazing job to ensure they provide an efficient service for our families' convenience.

Our volunteers who have run the recent fundraiser activities worked very hard behind the scenes to raise invaluable funds to help purchase vital resources for our students.

Just a very small token of thanks from all the staff at Bardia Public School to let you know we see all the hard work you put into this school, are truly valued and appreciated.

If you feel you can, in any way, help these hardworking volunteers please contact the office. They urgently need some casual helpers for the times they are not able to attend on their rostered days. 'Many hands make light work' – the more volunteers the easier the load. Your children also get a buzz out of seeing their parent/carer at school helping out.



Library News

Wow is it already week 6! Library will be operating as of the times for last term. Here is a quick recap of your child's library day below. Please encourage them to bring a library bag, as evidence shows those students who bring their library bag also remember to return their books as well.



Monday- KA, 1/2S, 1/2L

Tuesday- 1G, KK

Wednesday- 5/6M, 5/6L, KM, K/1W

Thursday- 2/3L, 4/5M, 3/4D, 3/4P

Chess Club

Chess club will continue Thursday 2nd half of lunch. This is open to students in Years 3-6 and younger students if they know the rules of the game.

Information concerning the inter-schools competition will be posted this term and I will be sending a note home for an expression of interest within the next few weeks. If you are seeking more information about this competition please check the website

www.nswjcl.org.au



New Date!!!

Cyber Safety Workshop for Parents

At the beginning of each year we teach the students about cyber safety, this year we are offering a workshop to help parents keep their children safe online. You will learn what the most dangerous activity is for students online and how to protect them. We will explain department policies on cyber bullying and how to report as well as how to set up parental controls on your computer and where to find help. This is not just for parents of older children!

When: *Tuesday 20th June, 2017 from 6pm*

Where: *Library*

RSVP: *Now to ensure it goes ahead*

Happy Reading!

Kathy Wyber

Teacher/Librarian

FROM THE OFFICE

CRAFT SESSIONS

We are running craft sessions during the lunch period. If you have any craft items you could donate (e.g. wool, knitting needles, ribbon etc.) please hand in to the office.



All donations welcome.

We would like to give a huge thankyou to everyone who has already donated.

Mrs. White – SLSO

School Banking



Wednesday is school banking day and students should bring in their weekly deposit to the front office before 9:00 a.m.

For every deposit made at school, no matter how big or small, students will receive a cool Dollarmites token. Once students have individually collected 10 tokens they can redeem them for a school banking reward item in recognition of their continued savings behaviour. Remember our school earns 5% commission on every deposit made (to a maximum of \$10 per individual deposit). Thank you for supporting the School Banking program at Bardia Public School.



We are currently updating our emergency contact numbers. If you have recently changed your telephone number or emergency contacts could you please notify us in writing of any changes.



LUNCH ORDERS

When ordering lunch for your child, please ensure you write your child's name, class and order clearly on a paper lunch bag. It is also important to write any specific requirements e.g. no butter etc.

Please make sure lunch orders are placed first thing in the morning at the canteen.

Nutrition Snippet

The simplest way

...to make beef kofta.

Cook extra for dinner and pack leftovers for lunch.

Serves: 12 | Preparation: 15 minutes | Cooking: 10 minutes

Ingredients
500g beef mince
1 small brown onion, grated
1/4 cup chopped fresh continental parsley
1 teaspoon minced garlic
1 1/2 tps ground cumin
1 egg



Method
Combine all ingredients in a bowl, mixing together with your hands.
Divide the mixture into 12 portions and shape each into a log.
Heat the oil in a large frying pan over medium heat.
Add the koftas and cook, turning occasionally, for 10 minutes or until golden brown and cooked through.

Serve with tabbouleh and tzatziki on Lebanese bread or with a side salad.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit





The simplest way

...to ensure you use sunscreen correctly.

Regular use of sunscreen has been shown to reduce the incidence of melanoma and squamous cell carcinoma, both in the short and long term.

What does sunscreen do?
Sunscreen protects against the damaging effects of the sun by reducing or filtering the amount of ultraviolet (UV) rays that reach the skin.



What is the most effective way to use sunscreen?

- Use at least **SPF 30+ broad spectrum water-resistant** sunscreen.
- **Patch test** sunscreen on a small area of skin – especially if you have not used the product before.
- **Apply and re-apply.** Apply sunscreen 20 minutes before going outside and re-apply every two hours.
- **Apply generously.** Dosage will vary depending on the size of the child. However on an average size child, it is recommended to apply 1/2 a teaspoon of sunscreen to each arm, leg, front of body, back of the body and the face (including ears and neck).
- **Remember** sunscreen filters out most but not all UV radiation. Use sunscreen in combination with other sun protection methods, including broad brimmed, bucket or legionnaire style hats, sun safe clothing and staying in the shade. Sunglasses are recommended to protect children's eyes.

For more information on sunscreen visit: <https://www.cancerouncil.com.au/sunprotection/sun-protection/>

To help keep your kids safe in the sun, check your school's SunSmart status by heading to www.sunsmartnsw.com.au



Bardia Public School Canteen Menu

Summer 2017

Sandwiches (Available on White or Wholemeal Bread)	
Spreads Vegemite, Jam or Honey*	\$1.60
Cheese	\$1.80
Egg and Lettuce	\$2.20
Ham	\$2.20
Tuna*	\$2.20
Chicken	\$2.50
Salad (Lettuce, tomato, cucumber, carrot, beetroot)	\$3.00
Salad with Ham or Chicken	\$3.50
Crispy Chicken Wrap with Lettuce & Mayo*	\$3.50

Extras-	
Mayo	10c
Lettuce, Beetroot, Carrot, Tomato & Cucumber (each item)	30c
Cheese slice	30c
Toasted	50c
Bread Roll or Wrap	50c

Hot Food	
Fish Fingers (limit 10)*	40c
Dino snacks (limit 10)*	50c
Chicken Chippies (limit 10)*	50c
Corn on a Cob	50c
Hash Brown	\$1.00
Sausage Roll	\$2.50
Lasagne	\$2.80
Mac & Cheese	\$2.80
Pizza - Margerita/ BBQ Chicken	\$3.00
Meat Pie *	\$3.30
Tomato or BBQ Sauce Packet	.20c

Burgers	
Beef or Chicken* with mayo or sauce	\$3.00
With Lettuce, Cheese, mayo or sauce	\$3.30
With Lettuce Tomato and mayo or sauce	\$3.60

(Extras can be added view sandwiches)

Snacks	
Breadstick	10c
Apple Slinky	50c
Fruit Cup	50c
Popcorn	60c
Jumpys (Chicken)	\$1.00
Jelly Cup	\$1.00
Red Rock Deli- Honey Soy Chicken	\$1.20
Plain Chips	\$1.20

Ice Blocks	
Zooper Dooper	50c
Suprise	50c
Paddle Pop	\$1.50
Frozen Yoghurt	\$1.50

Drinks	
Water 250ml	60c
Water 600ml	\$1.00
Juice (orange, apple & blackcurrent, apple)	\$1.20
Milk (strawberry & Chocolate)	\$1.20
Quench Apple Rasp, Blue Haven, Cola, Lemonade)	\$1.50
Slushi	\$1.50
Up & Go (Strawberry, Vanilla, Choc)	\$1.80

No food from Outside can be re-heated

* = Halal

WHEN ORDERING PLEASE INCLUDE YOUR NAME & CLASS Please let us know the type of bread you would like and if you want butter. If your child has any special dietary requirements please let any of the canteen staff know. We always looking for volunteers if you are interested please call 9605 2459

BARDIA PUBLIC SCHOOL**UNIFORM ORDER FORM**

Date: _____

Name: _____ Class _____

Phone: _____

ITEM	PRICE	SIZE	QUANTITY	AMOUNT	Embroidered Student's name included
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G= girls only B = boys only G/B = boys and girls

Polo Shirts Blue/Yellow Stripe (G/B)					
Sizes 4,6,8,10,12,14y,16y	\$22.00				
Sizes 14s, 16m	\$25.00				
Royal Polar Fleece Jumper (G/B)					YES
Sizes 4,6,8,10,12,14y,16y	\$27.00				
Sizes 14s, 16m	\$30.00				
Bomber Jackets (G/B)					YES
Sizes 4, 6, 8, 10, 12, 14, 16	\$35.00				
Dress Uniform (G)					
Sizes 2, 3, 4, 6, 8, 10, 12, 14 and 16	\$60.00				
Skorts (G) used for sport					
Sizes 4,6,8,10,12,14y,16y	\$18.00				
Blue Shorts Microfibre Style (B)					
Sizes 3,4, 6, 8, 10, 12, 14, 16	\$15.00				
Blue Shorts Rugby Knit Style (B)					
Sizes 3, 4, 6, 8, 10, 12, 14, 16	\$15.00				
Track Pants with Cuffs (B)					
Sizes 4, 6, 8, 10, 12, 14, 16	\$16.00				
Track Pants Straight Leg (B)					
Sizes 8, 10, 12, 14, 16	\$16.00				
Jazz Pants (G) worn during Term 2 and 3 only <i>Please note that girls may wear navy blue tights with the dress in winter and NOT purchase the jazz pants</i>					
Sizes 4, 6, 8, 10, 12, 14, 16	\$18.00				
Navy Tights (G)					
Sizes 4-6, 7-10, 11-14	\$10.00				
School Hats (G/B)					YES
Bucket Hat XS, S, M, L, XL	\$10.00				
Sports Uniform (G/B)					
Football / Soccer socks	\$9.00				

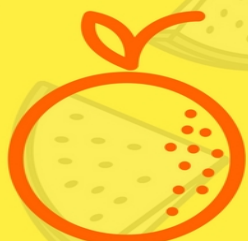
Total Amount Due	\$
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ALL THE ABOVE ITEMS ARE AVAILABLE AT THE SCHOOL CANTEEN**UNIFORM SHOP OPERATING HOURS – MONDAY MORNINGS****PRICES CURRENT AS AT TERM 2 2017**



CANTEEN

Term 2 Meals



Week 2-3 Sushi \$2.50

Week 4-5 Pasta Plain \$2.50

Belegnase \$3.50

Week 6-7 Stirfry \$3.00

Weeks 8-9 Chicken & Sweet

Corn Soup \$3.50



The school is a member of the Amart All Sports Community Kickbacks Program. Customers of Amart All Sports can elect Bardia Public School to receive credits against purchases made.

You will need to join the Amart All Sports Team Amart Loyalty Program and nominate Bardia Public School as your "Relevant Participating Club or School".

You will receive a loyalty program card which must be swiped or selected when purchasing goods in store or on-line in order for the school to accrue credits. Once the school's credits reach \$2000 (ex GST) within a 12 month period the school will receive a 5% store credit (\$100).

This is a convenient way for the school to acquire sporting equipment for the benefit of all our students.

Bardia Public School
Initiated by Bardia Public School P & C Association

NOTICES

Get INVOLVED

Australian Kookaburra Kids Foundation Inc. is a not for profit organisation and registered charity. Fully self funded the program relies on the generosity of corporate, community and individual donations. Dedicated volunteers provide assistance with office administration or as camp leaders. You too can help make a difference in the life of a child. Who will you be...

Kookaburra SUPPORTER

KOOKABURRA SUPPORTERS provide regular financial donations, hold fundraisers, volunteer in the office or at activity days. Any financial or in kind support assists the Foundation in delivering this vital program.

Kookaburra LEADER

KOOKABURRA LEADERS can volunteer for any camps and activities. No specific qualifications are necessary. Training is provided and all leaders are required to complete a 'Working with Children Check'. Whatever time you give will make a difference in the life of a Kookaburra Kid.

Kookaburra SPONSOR

KOOKABURRA SPONSOR packages are available please contact the office for further information. Any support is welcome and appreciated.



FIND OUT MORE

REGISTER A CHILD
JOIN OUR MAILING LIST
DONATE TODAY

AT

www.kookaburrakids.org.au

Email: info@kookaburrakids.org.au
Phone: 02 93 1917

LIKE US ON FACEBOOK

facebook.com/kookaburrakidsfoundation

"SUPPORTING KIDS TO
BE KIDS"



SUPPORTING KIDS WHO LIVE
IN FAMILIES AFFECTED BY
MENTAL ILLNESS



www.kookaburrakids.org.au



FREE
PROGRAM
FOR KIDS &
THEIR FAMILIES

How Do You REGISTER?

Anyone can register a child to the program either online www.kookaburrakids.org.au or by calling the office. We encourage families from Aboriginal, culturally and linguistically diverse communities.



RECEIVE
FUN
NEWSLETTERS!

WHAT IS KOOKABURRA KIDS?

Kookaburra Kids Foundation supports kids living in families affected by mental illness. The program provides recreational, educational camps and other activities, giving kids a break, in a fun, positive and safe environment. Kids have the opportunity to meet other kids in similar families and develop new friendships.

Who is ELIGIBLE?

Kids in school grades 3 to 12 (primary to high school) who have a family member with a mental illness.

How much DOES it cost?

The program is FREE OF CHARGE for registered kids and their families.

WHEN ARE CAMPS AND Activity DAYS HELD?

Kids registered to the program will receive invitations in the post or email. All activities can be viewed on our website calendar www.kookaburrakids.org.au

WHAT SUPERVISION IS PROVIDED AT CAMP AND Activity DAYS?

All camps and activity days are staffed with skilled professionals and volunteers from within the community including teachers, nurses, police, psychologists and business people. Training is provided and all volunteers are required to complete a "Working with Children Check".

ABOUT KOOKABURRA CAMPS

Held over a weekend at various locations, camps provide kids with an amazing experience where they participate in activities such as canoeing, archery, giant swing, go carts, craft, laser tag and much more.

Qualified leaders provide age appropriate mental health education focusing on coping skills and building resilience.

Free transport is provided to and from the camps from designated pick up points.



ANNUAL
CHRISTMAS
BBQ

ABOUT KOOKABURRA FUN DAYS

Held during the school holidays, Kookaburra Kids activity days are simply a day out to have some fun. They provide a chance for kids in the program to catch up between camps. They can include trips to the movies, bowling, picnics, surf days, putt putt golf and general outings.

THE MANAGEMENT COMMITTEE & STAFF OF
CAMDEN COMMUNITY CONNECTIONS
INVITE YOU TO CELEBRATE OUR

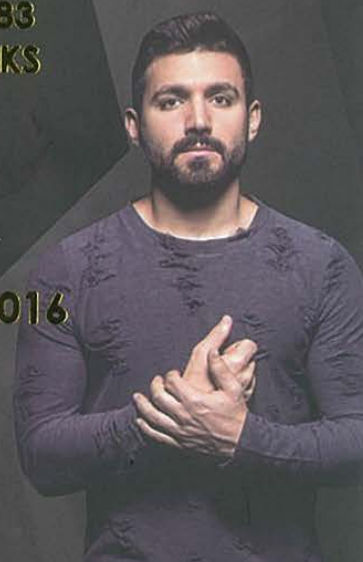
30
years
anniversary

FRIDAY 24TH NOVEMBER 2017
MACARTHUR ROOM
CAMDEN CIVIC CENTRE
7:00PM TILL LATE

TICKETS \$80 PER PERSON OR \$700 FOR A TABLE OF 10
AVAILABLE BY CALLING 02 4647 1283
INCLUDING 3 COURSE MEAL & DRINKS

Featuring

Alfie Arcuri Winner of The Voice 2016
The After Party Band
The CCC Social Singers
MC Steve Wisbey OAM





GREAT FUN

- ★ Outdoor games and sports
- ★ Arts & Crafts
- ★ Playing with friends
- ★ Great Educators
- ★ Food and Cooking
- ★ Indoor Activities



Term 2 at Bardia Public School OSHC

In Week 4 We had Range of activities as the theme of the week was recycling. Children learnt many ideas about recycling like water recycling; paper recycling and they got the meaning of the three green arrows (Reuse, Recycle, and Reduce). Also in this week children learnt about the materials that we should recycle, and children with staff all together made a lovely kitchen by using the service unwanted cardboard boxes. Also, the children enjoyed wrapping the empty cans and container with coloured paper.

Tcaf Disability Program

Over the past two weeks we continued to discuss our term 2 Tcaf program topic, people with disabilities. The children were very excited about the activities and the games related to this topic, for example, we had a bunch of games that needs body language only like Charades, change the leader and use one hand game.

In Week 5 Also the other part of this term tcaf activity is sustainability, children continued in this activity and they are still watching the growth of the sprouts. Also, children during this week have been encouraged to use their observation skills to documenting the seed's growth this includes ensuring it gets plenty of sunlight and water like:

-Measuring daily with a ruler and recording on a chart - plotting the growth as a line.

-Taking regular photos and adding to a journal showing the plant's progress.

Also, children during this week had a new experience that uses the environment's resources in indoor activities; children have been done painting activity using brushes made out of dry leaves and tree branches.

The Holiday Club

We would like to remind all the parents and carers about the holiday club program and the nearest holiday club.

Thomas Hassall Anglican College, Harrington park Anglican School, St joseph's Moorebank and Oran park Anglican School.

As there will be a terrific program and activities also excursions in the holiday club. For more details about the program, you can check Camp Australia web.

If you have any questions about the program – please feel free to drop by, meet the team and see what happens in after school care first hand.

Program Details

To find out more about our program, view fees and to register visit www.campaaustralia.com.au