



# BARDIA PUBLIC SCHOOL NEWSLETTER

Macdonald Road  
BARDIA NSW 2565  
9605 2459

## 'THE BUGLE'



Term 1 – Week 11 – 2017

### Message from the Principal

Dear members of the Bardia Public School community,

#### Progress Reports

On Tuesday 4<sup>th</sup> April your child will be bringing home their Term One Progress Report. This is just a quick overview of your child's academic and social progress at school. You are encouraged to refer to this report before the Parent Teacher Night and if you have any questions to raise these with your child's teacher.

**School Photo Day** This will be on Wednesday 5<sup>th</sup> April. All students should be in their full school uniform for their formal school photos: shoes should be black, bucket hats only, girls in the school dress.

**Parent Teacher Night** I hope as many parents as possible are able to attend this very important meeting with their child's teacher. Please note that due to time constraints parents and carers will be strictly limited to 10 minutes with the teacher. Please note that for those parents at the 6.50 meeting, I will be closing the school at 7.00pm sharp!

**Great to see children riding bikes and scooters to school! Don't forget, it is the law that you must wear a helmet.**

**Thanks to all our volunteers this term. Without you your child's school would be not as wonderful!**

### **APRIL**

Tuesday 4<sup>th</sup>: **Progress Reports sent home**  
Wednesday 5<sup>th</sup>: **School Photo Day**  
Thursday 6<sup>th</sup>: **PARENT / TEACHER NIGHT**  
Friday 7<sup>th</sup>: **EASTER HAT PARADE & SAUSAGE SIZZLE**

**Can you volunteer some time to help out at the Easter Hat BBQ? We are desperate!!!!!!!!!!!!!!**

**Friday 7<sup>th</sup> April LAST DAY of TERM**

**Wednesday 26<sup>th</sup> April FIRST DAY of TERM 2**

**Thursday 27<sup>th</sup>: ANZAC Assembly**

**Friday 28<sup>th</sup>: Cross Country**

**CANTEEN IS NOW OPEN EVERY DAY**

**See roster attached.**

Thank you to all those wonderful parents who have volunteered their valuable time to run this vital service.

We require extra volunteers for Friday's to be on call. If you able to help, please contact the office and leave your details.

**UNIFORM SHOP IS OPEN EVERY MONDAY**

**MORNING**

**Fundraising provides your children laptops, tablets and air-conditioned classrooms! Your help is appreciated!**

**Have you seen *Friends of Bardia* on**

**Facebook? Please like us!!!!**

### **Disclaimer:**

**Bardia Public School does not endorse any product or services advertised in this newsletter.**

**NAPLAN tests for Year 3 and Year 5 will take place in Week 3, Term 2 – 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup> & 12<sup>th</sup> May.**

**Please remember that you must be here at 3.00pm each afternoon to collect your child.** There is no afternoon supervision provided. If you are going to be late regularly you should enrol your child in our After School Care. If there is an emergency and you will be unavoidably late, please ring the school and inform the office staff.

Online Opportunity Class applications open on 26<sup>th</sup> April

**If you would like your children to attend the Dawn Service on ANZAC Day, simply take them along to the RSL before a 5am start on the 25<sup>th</sup> April and make sure they wear full school uniform. Check time with the RSL.**

BPS CANTEEN ROSTER Term 1 2017						
Term One	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT SUN
1	23 January Holidays	24 January Holidays	25 January Holidays	26 January Australia Day Public Holiday	27 January SDD Eastern Division	28 29 Jan
2	30 January	31 January	1 February	2 February	3 February	4 5 Feb
3	6 February	7 February	8 February	9 February L Smith A Ugwu H Bettison	10 February A Yusuf F Najjar K Sealby E McKay A Najjar	11 12 Feb
4	13 February	14 February	15 February <b>Swimming Carnival</b>	16 February <b>Captain's Assembly</b> L Smith & Family	17 February TBA after training <b>Canteen will be open.</b>	18 19 Feb
5	20 February F. Najjar A. Najjar M. Harris	21 February E. Wright K. Sealby	22 February J. McWilliam S. Francis	23 February L. Smith & Family	24 February H. Bettison E. Wright K. Sealby	25 26 Feb
6	27 February F. Najjar A. Najjar M. Harris	28 February E. Wright K. Sealby	1 March J McWilliam S Francis	2 March <b>Assembly</b> L. Smith & Family	3 March H. Bettison E. Wright K. Sealby	4 5 Mar
7	6 March F. Najjar A. Najjar M. Harris	7 March E. Wright K. Sealby	8 March J McWilliam S Francis	9 March L. Smith & Family	10 March H. Bettison E. Wright K. Sealby	11 12 Mar
8	13 March F. Najjar A. Najjar M. Harris	14 March E. Wright K. Sealby	15 March J McWilliam S Francis	16 March <b>Assembly</b> L. Smith & Family	17 March H. Bettison E. Wright K. Sealby	18 19 Mar
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11	3 April F. Najjar A. Najjar M. Harris	4 April E. Wright K. Sealby	5 April J McWilliam S Francis	6 April L. Smith & Family	7 April <b>Easter Hat Parade</b> H. Bettison E. Wright K. Sealby <b>LAST DAY OF TERM</b>	8 9 Apr
Hols	10 April	11 April	12 April	13 April	14 April Good Friday	15 16 Apr
Hols	17 April	18 April	19 April	20 April	21 April	22 23 April

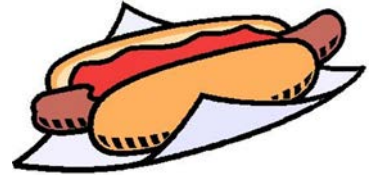
## **\$ PRICE CHANGE \$**

The price of the sausage sandwiches this Friday has been reduced. The cost is now \$2.00 each. They will be on sale from 11:00 a.m. until sold out.

### **VOLUNTEERS NEEDED**



## **REMINDER**



Last donation for Easter raffle prizes is this Wednesday morning so we have time to prepare all the prizes. All donations to be placed in the classroom basket (prize for the class with the most donations).

Get your raffle tickets in so you can be in the running for one of the prizes.

*Friends of Bardia*

In 2016 5/6M entered a recycled tree competition organised by Bunnings, and won. As a reward on the 3<sup>RD</sup> of April 2017 Staff from Bunnings and Yates arrived at school with the materials, supplies and tools needed to complete the job of updating the prominent garden bed near the flag poles, with the help of 5/6M and 5/6L. Despite minor drizzle, everyone cooperated wonderfully and had a great time and Bardia Public School now has an exciting and improved garden. Be sure to check it out next time you're at school...

Bardia Public School would like to say a big thankyou to Bunnings and Yates and we look forward to working together again in the future.

By Camille Magsino 5/6M

## FROM THE OFFICE

### CRAFT SESSIONS

We are running craft sessions during the lunch period. If you have any craft items you could donate (e.g. wool, knitting needles, ribbon etc.) please hand in to the office.



All donations welcome.



### LOST PROPERTY

We have a number of uniform items in lost property with no names. If your child has lost clothing that does not have their name on it but you feel you would recognise it, please go through the lost property (located in the canteen) within the next few days. Any unclaimed items will be washed and sold as second hand items on Friday, 7<sup>th</sup> April 2017 (Easter Hat Parade).



### Stewart House Bags

Are you cleaning out your cupboards?? We are again collecting for Stewart House. If you have any clothes or manchester that you no longer need, you may drop these off at the office by **Friday 12<sup>th</sup> May, 2016.**

Stewart House bags are available at the office.



### School Banking

Wednesday is school banking day and students should bring in their weekly deposit to the front office before 9:00 a.m.

For every deposit made at school, no matter how big or small, students will receive a cool Dollarmites token. Once students have individually collected 10 tokens they can redeem them for a school banking reward item in recognition of their continued savings behaviour. Remember our school earns 5% commission on every deposit made (to a maximum of \$10 per individual deposit). Thank you for supporting the School Banking program at Bardia Public School.



### LUNCH ORDERS

When ordering lunch for your child, please ensure you write your child's name, class and order clearly on a paper lunch bag. It is also important to write any specific requirements e.g. no butter etc.

Please make sure lunch orders are placed first thing in the morning at the canteen.

 Nutrition Snippet

### The simplest way

...to get bang for food budget buck.

Budgeting the week's food money according to the healthiest foods means getting the best value for money.

**Spend most:** wholegrain breads and cereals; fruit and vegetables.  
**Spend moderately:** meats and alternatives; dairy.  
**Spend least:** foods high in fat, salt and/or sugar.



**Buy what's good for you...**  
Fruit and veg are good for you and good value for money, especially when in season. Buy canned or frozen when they're cheaper than fresher varieties.

**And save...**  
Processed snacks are much more expensive per kilo, so go healthier and cheaper with some fresh fruit and veg!

For more information visit  
[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)





We are currently updating our emergency contact numbers. If you have recently changed your telephone number or emergency contacts could you please notify us in writing of any changes.

# PLEASE DO NOT GIVE MEDICATION TO YOUR CHILD TO BRING TO SCHOOL



THIS IS FOR OBVIOUS REASONS. IF A CHILD HAS ACCESS TO MEDICATION THEY COULD OVERDOSE, HAVE AN ADVERSE REACTION OR BE ALLERGIC TO THE MEDICATION. (I.E. AS DISPLAYED ON ALL MEDICATION “KEEP OUT OF REACH OF CHILDREN”).

SHOULD YOUR CHILD REQUIRE MEDICATION AT SCHOOL THE CORRECT PROCEDURE IS AS FOLLOWS:

1. MEDICATION SHOULD BE HANDED IN AT THE FRONT OFFICE BY THE PARENT/CARER WITH YOUR CHILD’S NAME CLEARLY WRITTEN ON THE MEDICATION.
2. AN INDEMNITY FORM MUST BE FILLED IN AND SIGNED BY THE PARENT DETAILING THE MEDICATION AND DOSAGE REQUIRED.
3. IF THE MEDICATION IS REQUIRED TO GO HOME IN THE AFTERNOON IT MUST BE PICKED UP BY AN ADULT.

THE ONLY MEDICATION ALLOWED TO BE BROUGHT TO SCHOOL BY A STUDENT TO BE HANDED INTO THE FRONT OFFICE IS AN ASTHMA RELIEVER WITH A SIGNED INDEMNITY.



## HARMONY DAY

On Thursday 30<sup>th</sup> March students and staff at Bardia PS “travelled the world” to celebrate Harmony Day. Harmony Day provided us with an excellent opportunity for us to celebrate the wonderful tapestry of multiculturalism on display at our great school.

Throughout the day students learnt about and embraced different cultures through activities such as traditional dance, painting, sport and stories from a wide variety of cultural backgrounds. We were also lucky enough to be joined by students from Ingleburn High School who taught traditional Polynesian dance to Years 3-6. As a school we raised \$251.65 which will be donated to AIME Mentoring who support Indigenous students through high school and university.

After such a successful day, each and every member of the Bardia PS community can feel very proud of their achievements in creating a community where we can all come together to learn together and learn to live together in harmony side by side.

Thank you to the parents who supported the day and to all staff members who put a lot of effort into making it a fun-filled celebration of diversity!

*Andrea Gavrielatos*



## Library News

The students are adjusting to our shorter library lessons and many are remembering their library bags. You may be wondering why we make sure the students use a library bag. They keep the books separate from all the other books they may have at home or their home reader. Also, library bags protect the book from being damaged and finally I have found that the children who bring their library bag also remember to return their books. The primary students are always allowed to borrow one book if they don't have their library bag and they are to leave it in their tray at school. No students borrow during the school holidays.



### Overdue books

I am on leave and as such I will be sending home any overdue notes in the second week of Term 2.



### Cyber Safety Workshop for Parents – NEW DATE!!!

At the beginning of each year we teach the students about cyber safety. This year we are offering a workshop to help parents keep their children safe online. You will learn what the most dangerous activity is for students online and how to protect them. We will explain Department policies on cyber bullying and how to report as well as how to set up parental controls on your computer and where to find help. This is not just for parents of older children!

**When:** Thursday 4<sup>th</sup> May

**Where:** Library

**Time:** 6pm- 7:30pm

**RSVP Office:** 9605 2459 1<sup>st</sup> May

*Happy Reading!*  
*Kathy Wyber*  
*Teacher/Librarian*

### Anzac Day Week 1 Term 2

In the first week of **Term 2** our school will hold a community assembly to commemorate ANZAC Day. A number of guests will be joining us for this important occasion and parents are most welcome as well.

It will be held at 11.40 am on Thursday 27th April. Morning tea will be served after the ceremony in the library. Please feel free to come along and join in on this special day.

The students are requested to bring a small posy of flowers to place near the flagpole as a tribute during the ceremony.

If you would like your child to place a cross in the rose garden to remember a war veteran from your family please fill out the form below and return it by the end of Term 1. If your child participated in this part of the ceremony last year I already have their details.

-----  
War Veteran's full name \_\_\_\_\_

War they served \_\_\_\_\_

Child's name \_\_\_\_\_

Class \_\_\_\_\_

Parent name \_\_\_\_\_ Phone Number \_\_\_\_\_

Bardia Public School Canteen Menu

Summer 2017

Sandwiches ( Available on White or Wholemeal Bread)	
Spreads Vegemite, Jam or Honey*	\$1.60
Cheese	\$1.80
Egg and Lettuce	\$2.20
Ham	\$2.20
Tuna*	\$2.20
Chicken	\$2.50
Salad (Lettuce, tomato, cucumber, carrot, beetroot)	\$3.00
Salad with Ham or Chicken	\$3.50
Crispy Chicken Wrap with Lettuce & Mayo*	\$3.50

Extras-	
Mayo	10c
Lettuce, Beetroot, Carrot, Tomato & Cucumber (each item)	30c
Cheese slice	30c
Toasted	50c
Bread Roll or Wrap	50c

Hot Food	
Fish Fingers (limit 10)*	40c
Dino snacks (limit 10)*	50c
Chicken Chippies (limit 10)*	50c
Corn on a Cob	50c
Hash Brown	\$1.00
Sausage Roll	\$2.50
Lasagne	\$2.80
Mac & Cheese	\$2.80
Pizza - Margerita/ BBQ Chicken	\$3.00
Meat Pie *	\$3.30
Tomato or BBQ Sauce Packet	.20c

Burgers	
Beef or Chicken* with mayo or sauce	\$3.00
With Lettuce, Cheese, mayo or sauce	\$3.30
With Lettuce Tomato and mayo or sauce	\$3.60

(Extras can be added view sandwiches)

Snacks	
Breadstick	10c
Apple Slinky	50c
Fruit Cup	50c
Popcorn	60c
Jumpys ( Chicken)	\$1.00
Jelly Cup	\$1.00
Red Rock Deli- Honey Soy Chicken	\$1.20
Plain Chips	\$1.20

Ice Blocks	
Zooper Dooper	50c
Suprise	50c
Paddle Pop	\$1.50
Frozen Yoghurt	\$1.50

Drinks	
Water 250ml	60c
Water 600ml	\$1.00
Juice (orange, apple & blackcurrent, apple)	\$1.20
Milk (strawberry & Chocolate)	\$1.20
Quench Apple Rasp, Blue Haven, Cola, Lemonade)	\$1.50
Slushi	\$1.50
Up & Go (Strawberry, Vanilla, Choc)	\$1.80

No food from Outside can be re-heated

\* = Halal

**WHEN ORDERING PLEASE INCLUDE YOUR NAME & CLASS** Please let us know the type of bread you would like and if you want butter. If your child has any special dietary requirements please let any of the canteen staff know.

We always looking for volunteers if you are interested please call 9605 2459





The school is a member of the Amart All Sports Community Kickbacks Program. Customers of Amart All Sports can elect Bardia Public School to receive credits against purchases made.

You will need to join the Amart All Sports Team Amart Loyalty Program and nominate Bardia Public School as your “Relevant Participating Club or School”.

You will receive a loyalty program card which must be swiped or selected when purchasing goods in store or on-line in order for the school to accrue credits. Once the school’s credits reach \$2000 (ex GST) within a 12 month period the school will receive a 5% store credit (\$100).

This is a convenient way for the school to acquire sporting equipment for the benefit of all our students.

Bardia Public School  
Initiated by Bardia Public School P & C Association

## NOTICES

### Ingleburn Baptist Church

Any woman (whether you know a lot about the Bible or nothing) is invited to the local **Know Your Bible** group at Ingleburn Baptist Church at 10am Thursdays.

In Term 2 we are studying Haggai and Zechariah. **Know Your Bible** is an interdenominational Bible study. It is part of the Christian Women Communicating International.

For more information, please call Chris Fulwood (Protestant SRE teacher) 9603 2585.

# ADVERTISEMENTS

## SING and ACT!

\*NOW BOOKING FOR 2017\*

0415 995 225 or [www.s-t-a-d-s.com](http://www.s-t-a-d-s.com)



### NEW & EXCITING CLASSES STARTING SOON IN MINTO!

#### For 7 - 13 years:

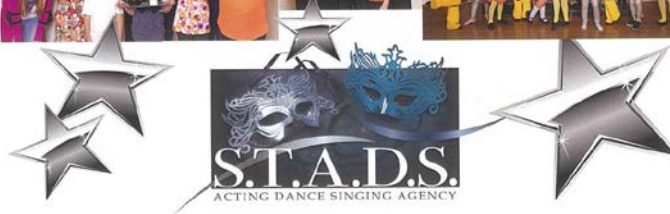
S.T.A.D.S is bringing it's hugely popular Drama / Acting and Vocal Classes to Minto!

**Drama** – Acting, drama and stagecraft. Creative, expressive & fun.

**STADS Singers** – REAL Musical Theatre & Contemporary Singing!

**The Agency** – A chance to work on TV, Film and more!

All classes are in a professional yet family environment. Class numbers are strictly limited. Come in and join the fun today!! For more information contact Sarah



## Communicable Diseases Factsheet

# Measles

***Measles is a serious disease that is easily spread through the air. Immunisation is effective in preventing the disease. All children and adults born during or after 1966 should be vaccinated with 2 doses of measles containing vaccine if not already immune.***

**Last updated: 6 March 2014**

## What is measles?

- Measles is a viral disease that may have serious complications.
- In the past, measles infection was very common in childhood. Measles is now rare in NSW because of immunisation but many areas of the world continue to experience outbreaks. In 2008 there were 164,000 deaths worldwide due to measles.

## What are the symptoms?

- The first symptoms are fever, tiredness, cough, runny nose, sore red eyes and feeling unwell. A few days later a rash appears. The rash starts on the face, spreads down to the body and lasts for 4-7 days. The rash is not itchy.
- Up to a third of people with measles have complications. These include ear infections, diarrhoea and pneumonia, and may require hospitalisation. About one in every 1000 people with measles develops encephalitis (swelling of the brain).

## How is it spread?

- Measles is usually spread when a person breathes in the measles virus that has been coughed or sneezed into the air by an infectious person. Measles is one of the most easily spread of all human infections. Just being in the same room as someone with measles can result in infection.
- People with measles are usually infectious from just before the symptoms begin until four days after the rash appears. The time from exposure to becoming sick is usually about 10 days. The rash usually appears around 14 days after exposure.

## Who is at risk?

Measles was common before 1966, so most people born before then are immune.

People at risk of measles include:

- people born during or since 1966 who have never had measles and who have not had two doses of measles containing vaccine from the age of 12 months.
- people with a weak immune system (e.g., people who are receiving chemotherapy or radiotherapy for cancer or people who take high-dose steroid medications) even if they have been fully immunised or have had past measles infection.
- people who are not immune and who travel overseas.

## How is it prevented?

- The best protection against measles is immunisation with two doses of MMR vaccine (measles, mumps & rubella). This vaccine provides protection against infection with measles, as well as against mumps and rubella.
- MMR vaccine should be given to children at age 12 months and a second dose as MMRV (measles, mumps, rubella & varicella) should be given at 18 months of age.
- Anyone born during or after 1966 and who has never had measles infection or measles vaccination should see their doctor to make sure that they have had two doses of measles containing vaccine at least four weeks apart.
- It is safe to have the vaccine more than twice, so people who are unsure should be vaccinated.
- People with measles should stay at home until they are no longer infectious (i.e. until 4 days after the rash starts).
- For people who are not immune and have come into contact with a person with measles, infection can sometimes still be prevented with measles containing vaccine if given within 3 days of exposure or with immunoglobulin (a treatment made from blood that will protect against measles when injected) within 7 days of exposure.

## How is it diagnosed?

- Measles is suspected when a person feels unwell, has a cough, runny nose or sore eyes and a fever followed by a rash.
- Whenever measles is suspected, a blood test and samples from the nose, throat and urine should be collected to confirm the diagnosis. Confirmation of the diagnosis is important as it allows prompt public health follow-up of other people who are at risk of measles.

## How is it treated?

- People with measles infection are normally advised to rest, drink plenty of fluids, and take paracetamol to treat the fever. There is no specific treatment.
- While a person is infectious with measles it is important that he or she remains at home to reduce the possibility of spreading it to other people.

## What is the public health response?

- Doctors, hospitals and laboratories, schools and childcare centres must notify cases of measles to the local public health unit. Public health unit staff will interview the doctor and patient (or carers) to find out how the infection occurred, identify other people at risk of infection, implement control measures (such as immunisation and restrictions on attending school or work) and provide other advice.
- The fact sheet, "Measles: Information for Contacts" has more information for people who have been exposed to an infectious person.  
([http://www.health.nsw.gov.au/resources/publichealth/infectious/diseases/measles/measles\\_info\\_for\\_contacts.pdf](http://www.health.nsw.gov.au/resources/publichealth/infectious/diseases/measles/measles_info_for_contacts.pdf))

For further information please call your local Public Health Unit on 1300 066 055 or visit the New South Wales Health website [www.health.nsw.gov.au](http://www.health.nsw.gov.au)





## GREAT FUN

- ★ Outdoor games and sports
- ★ Arts & Crafts
- ★ Playing with friends
- ★ Great Educators
- ★ Food and Cooking
- ★ Indoor Activities



### Term 1 week 8 and 9 at Bardia Public School OSHC

**In week 8** We learnt about time and how time is something valuable in our life. Also we learnt about the difference between day time and night time Am and Pm, while in the same time we encouraged the younger children and teach them to learn how to read the time by engaged them in different range of activities and craft like Clock craft, as they used a paper plates to draw clock numbers and clockwise on it and teach kindys how to read the time. Children found in these activities so much fun while the rest of the children helped the educators with their suggestions regarding choosing the themes for term 2.

**In week 9** We had Animals theme, children had searched about the types of the animals and the benefit we can get from animals. Also we divided the animals into two types; pets which are the animals who they live with people like cat and dog...etc and the other type is Wild which the animals who they are cannot live with people in their houses.

In this week children had so much fun through different kind of games that we played in this week like (Guess the animal group game) and (copy the animal voice). Also we had animals colouring pages each child has been get a picture of his/her favourite animals and they need to show it o us As well as we had a free choice activity as children free to do any craft that they like.

As the school holiday just on the corner, we would like to remind all the parents and carers about the holiday club program and the nearest holiday club . Please see the above attachment

As there will be a terrific program and activities also excursions in the holiday club. For more details about the program, you can check Camp Australia web and the holiday club attachment.

Also if you have any questions about the program – please feel free to drop by, meet the team and see what happens in after school care first hand. Have aood break to all children, school, stuff and parents and carers

We look forward to seeing you soon.  
The Camp Australia Team.

#### Program Details

To find out more about our program, view fees and to register visit [www.campastralia.com.au](http://www.campastralia.com.au)



## The Countdown to School Holiday Fun is ON!

School Holidays are on soon – are your kids ready for holiday adventure? We are! Here are some of the awesome activities coming up in the Adventureland Holiday Program:



### **MUG-nificent**

Open your mind and get your creative groove on, painting your own magnificent mindfulness mug.



### **BUZZing Scientists**

Become a 'Buzzing Scientist' for the day, crafting a steady hand tester and then putting it and your hand-eye coordination to the ultimate test! But don't worry, you won't get a shock!



### **Co-ordinates for a Quest**

North, east, south or west? Solve the puzzle and complete the quest! We'll be navigating our way through various challenges on site with your very own take home compass.



### **Recipes for Success**

Adventuring is hard work and with hard work comes hunger! Let your inner chef shine as we create dishes from all around the world. You'll even get some take home recipe cards to impress your family and friends! All recipes align with Camp Australia's Healthy Eating Guidelines.



### **At the Movies**

We're off to the Movies! What will we be seeing? Check the Holiday Club listings on our website to find out.

**To find your closest Holiday Club, register and book visit:**

[www.campaustralia.com.au/holidayclub](http://www.campaustralia.com.au/holidayclub)

We look forward to seeing you soon!

The Camp Australia Holiday Club Team