



# INGLEBURN NORTH PUBLIC SCHOOL

## NEWSLETTER

Macdonald Road  
INGLEBURN NSW 2565  
9605 2459

## 'THE BUGLE'



Term 3 – Week 6 – 2014

### Message from the Principal

Dear members of the Ingleburn North Public School community,

**Kindergarten enrolments for 2015** – If you have a child or know of friends or neighbours with children starting Kindergarten in 2015, please call in at the office and collect an enrolment form. We are starting to organise our Kindergarten Orientation Program and will send an invitation to families to attend. Our Kindergarten Orientation Program will be held on the first three Tuesdays in November from 9:05 – 11am.

**The School Swimming and Water Safety Program** will be held during Weeks 1 and 2 of Term 4. The intensive learn to swim program develops water confidence and provides students with basic skills in water safety and survival. Students who are unable to swim 25 metres confidently and unaided in deep water are encouraged to attend. The program also provides further instruction on stroke techniques for more capable swimmers. The program is open to all students from Years 2 to 6. Places are limited so please complete the permission form and return to school with the \$30 deposit to secure your child's placement in this important program.

**Book Week** celebrations will take place this week. Many exciting events have been planned to further develop our students' love of reading. Please return permission notes and money to take the opportunity to meet and learn from author, Michael Salmon.

### **AUGUST**

|                               |  |
|-------------------------------|--|
| Mon 18 – Fri 22 <sup>nd</sup> | Book Week                                  |
| Tues 19 <sup>th</sup>         | Mufti – Storybook characters and Book Swap |
| Wed 20 <sup>th</sup>          | Author visit – Michael Salmon              |
| Wed 20 <sup>th</sup>          | Dad's Reading Afternoon                    |
| Fri 22 <sup>nd</sup>          | Gala Day                                   |
| Tues 26 <sup>th</sup>         | Book Fair                                  |
| Wed 27 <sup>th</sup>          | P & C Meeting at 6:15 p.m.                 |
| Thurs 28 <sup>th</sup>        | Assembly                                   |

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### **SEPTEMBER**

|   |  |
|---|--|
| Fri 5 <sup>th</sup>                         | Father's Day Stall                                 |
| Mon 8 <sup>th</sup> – Fri 12 <sup>th</sup>  | Fruit and Veg Week                                 |
| Thurs 11 <sup>th</sup>                      | Assembly   |
| Fri 12 <sup>th</sup>                        | Gala Day   |
| Mon 15 <sup>th</sup>                        | 4/5H and 5/6D visit to Bardia Barracks             |
| Wed 17 <sup>th</sup> – Fri 19 <sup>th</sup> | Life Education Visits                              |
| Fri 19 <sup>th</sup>                        | Premier's Spelling Bee Final<br>Last day of Term 3 |

### **Disclaimer:**

Ingleburn North Public School does not endorse any product or services advertised in this newsletter.

### Timetable of events for Book Week

**Tuesday 19 August** – Mufti day – come dressed as your favourite storybook character, whole school scavenger hunt and book swap. Bring along a book you have finished with at home and swap it for a new book.

**Wednesday 20 August** – Author visit by Michael Salmon – cost of \$4 per student and Dad's Reading Afternoon. We hope to have lots of dads, grandpas and uncles come and read to small groups of students.

**Thursday 21 August** – Book Fair viewing

**Tuesday 26 August** – Book Fair

**Line of Coins fundraiser** – Mrs Duffy and Year 6 would like to thank everyone for their support and enthusiasm. The total raised was \$608, which will go towards Year 6 fundraising. A great effort everyone!

### Line of Coins Report by Corey Lynch 5/6D

Anxious about who was going to win the Line of Coins, we shuffled down the steps to see that K/1L and KM were already waiting.

We lined them up with their coins in front of their chalk line and showed them how to place them. They were all saying that they were going to win and it did look like K/1L were actually going to!

After K/1L and KM went back inside, 1/2P and 2A came out with their coins. While they were saying the same things as the previous classes were, it was quite amazing how determined they were to win. 1/2P made the longest line and 2A were very close behind. It was quite sad when both classes ran out of coins. At least they were proud of themselves for trying.

Next it was 3C, 4/5H and 5/6Ds turn to line up and start laying their coins on the lines. When 4/5H were finished, they were astonished to see that we were still going and we were way past any other lines. They all went inside and Mrs Duffy finished taking a couple of photos and we all went back inside.



Excited about winning, we felt quite proud of ourselves. Mrs Duffy said that she heard someone in our class had a great idea. The idea was to give our prize to another class. We all voted and decided to give our prize to 2A, who had the second longest line.

**Voluntary Contributions** are a very important part of the INPS budget. This money is used to buy the latest and the best educational resources we can find for your children. Sadly, only 41% of families have made the voluntary contribution this year. So that we can continue to provide high quality educational resources to your children, in 2015 INPS will no longer provide free stationary and exercise books. We will make up resource packs and sell them at not for profit prices. Of course, you may choose to purchase these items yourself from Big W, etc. A note will go home at the end of 2014 listing the items in the different resource packs and their costs (the packs will differ depending on the age of your child).

**Embroidery service** - Winter is the time for losing jackets! Don't waste your money on replacing lost clothes! The maximum cost per item of uniform embroidered is \$3. They look great and at last, no more lost clothing!

### Peer Support Program

Each week we see the students thrive during our Peer Support sessions as the leaders grow in confidence and the younger students enjoy the company of school friends from other classes. The skills needed to develop relationships take time and as adults we need to provide opportunities for students to excel and make mistakes and grow in their self awareness.



*Peer Support aims to build a strong Sense of Self which involves what individuals think, feel and believe about themselves. It is ever changing and formed by the individual, their relationships, interactions and experiences. It shows itself in the individual's values, attitudes and behaviours. Having a strong Sense of Self involves the skills of critical thinking, decision making, problem solving and values clarification.*

In session 4 **Respect** was the focus. The children participated in activities that identified what it means to have respect and discussed ways the children can demonstrate respect for others. They then completed a maze comprising of scenarios, where they selected the correct response to a situation to progress through the maze and reach the "Certificate of Respect". When discussing this session of peer support with your child remind them that although we may not always agree or get along with people, we still need to respect them.

In session 5 the children looked at rights. How we as individuals have rights and so do other people. Activities also reminded the children that although they may find themselves in difficult or awkward positions, they still need to remember to do the right thing.

*If you have any questions concerning this program please contact our Peer Support coordinator through the office on 9605 2459.*

*Mrs Wyber*

Nutrition Snippet

## The simplest way

...to food shop on a budget

Here are our five top tips to save money while shopping for your fruit and veg.

1. Create a weekly menu plan
2. Write a shopping list based on menu plan
3. Compare prices using 'unit pricing' (per kilo/100grams) if available
4. Buy fruit and vegetables that are in season, or pick the canned/frozen option if cheaper (and just swap them)
5. Limit your purchases of processed pre-prepared snacks/meals



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SunSmart Snippet

## The simplest way

to look after your skin with sunscreen!

Did you know?

- Regular sunscreen use has been proven to reduce the risk of skin cancer.

Here are our 5 top tips!

- **Make sure your sunscreen is broad spectrum, water resistant and SPF 30+** –Although SPF 50+ is now available, SPF 30+ is still a great product and there is no need to throw it away!
- **Apply and re-apply** – Apply sunscreen at least 20 minutes before going outside, reapply every 2 hours.
- **Apply generously** – At least 1 teaspoon for each arm and leg, front and back of the body and half a teaspoon for face, neck and ears.
- **Remember** – Sunscreen is not a suit of armour. You also need to wear a sun safe hat and clothing, use shade and wear sunglasses.



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# Library News

This week is **Children's Book Week** 18<sup>th</sup> – 22<sup>nd</sup> of August. Our events are:

## **Tuesday 19<sup>th</sup> August**

Come as your ***Favourite Book Character Mufti***

Whole school ***Scavenger Hunt***

2:40pm ***Book Swap***

**Parents Welcome!** I hope you've found some books for our annual ***Book Swap*** when the children and parents can bring a book from home that they no longer want and swap it with someone else. No money is required and bringing a book is optional. The library will also have old books available for swapping.

## **Wednesday 20<sup>th</sup> August**

12:30pm ***Michael Salmon*** author visit - please return note and money (\$4) ASAP—parents and preschoolers free

2:30pm ***Dads' Reading Afternoon*** - please return note ASAP

## **Thursday 21<sup>th</sup> August**

Students view book fair (no sales today)

## **Tuesday 26<sup>th</sup> August**

8:30am- 9am – parent sales only

Students will attend with their classes. If you are able to assist on the day please contact the office or myself.

Every purchase you make allows us to buy more books for the library. You can pay with cash or credit card.

LOOKING FORWARD TO SEEING YOU!



## **Dads' Reading Afternoon**

*Why do we have Dad's reading afternoon? Many recent studies have shown that boys in particular have improved reading results when they see other males reading. With this in mind, as part of the Children's Book Week celebrations we will again be holding our annual Dads' Reading Afternoon. It will be on **Wednesday 20th August**, at 2:30pm.*

We would love to see lots of dads, uncles or granddads along to read to a small group of children in your child's class. You can bring your own book or I can supply one. Please return the form below if you are able to attend. Or if you're not sure and can make it on the day just turn up.

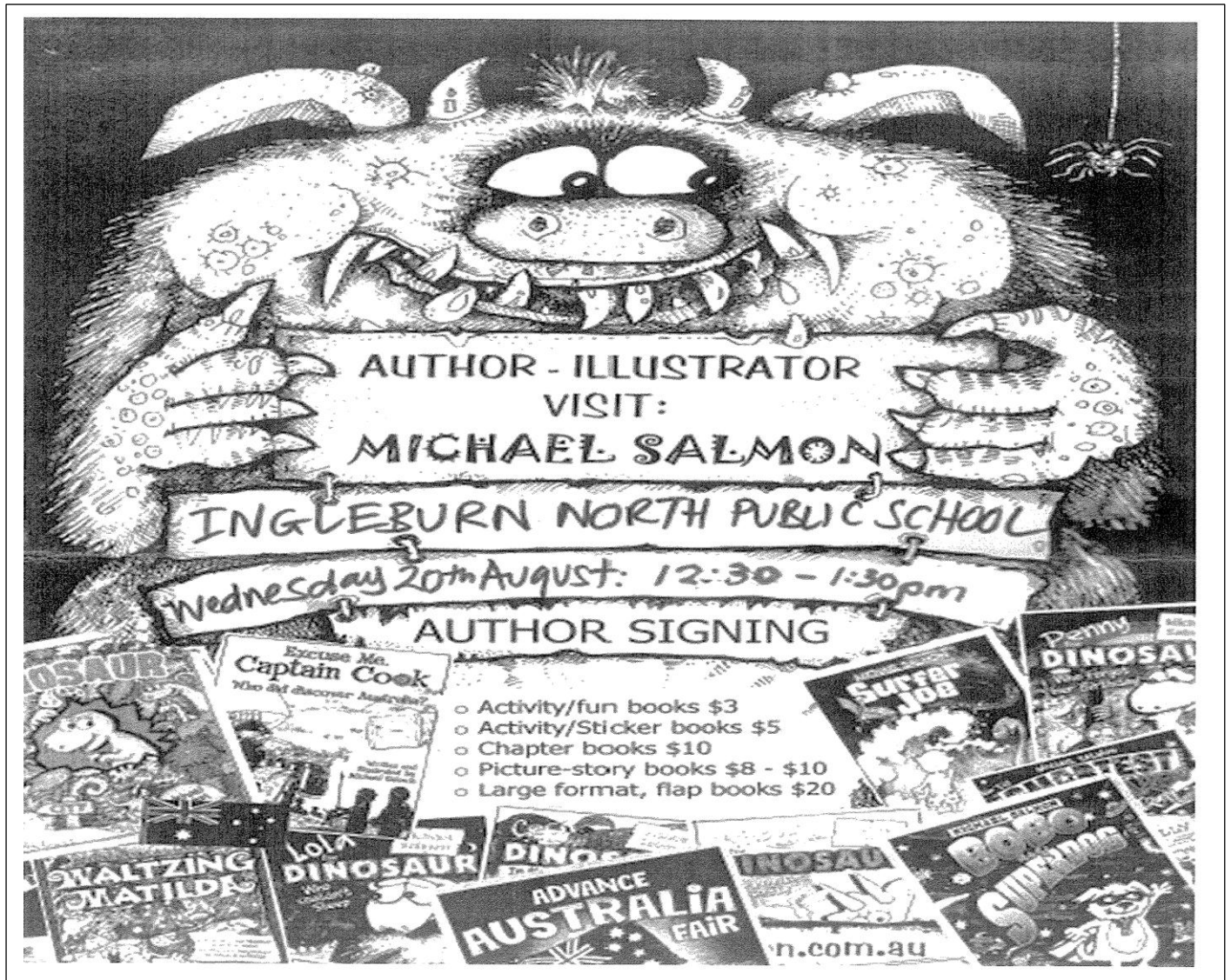


I am able to attend the Dads' Reading Afternoon on Wednesday the 20<sup>th</sup> August from 2:30pm onwards.

Name \_\_\_\_\_ ContactDetails \_\_\_\_\_

Child/ren's Class/es \_\_\_\_\_

## URGENT! DUE BACK TOMORROW



Dear Parents/ Caregivers,

On Wednesday 20th August, (this Wednesday) the students will have the opportunity to meet the author Michael Salmon. During his visit he will take the students through the process of writing and illustrating his books. We are forgoing the usual mufti gold coin donation so that hopefully all students will be able to attend. After school he will have his books on sale and a book signing.

When: Wednesday 20<sup>th</sup> August

Where: INPS Library

What: Author visit, Michael Salmon

Cost: \$4.00 per student

Please return this form with payment to the office **TOMORROW!**

My child \_\_\_\_\_ of class \_\_\_\_\_ is able to attend the author visit by Michael Salmon on the 20<sup>th</sup> August at school.  
I have enclosed \$4.00

Signed \_\_\_\_\_

## P&C NEWS

### Canteen

We are in urgent need for volunteers for the canteen for Term 3. If we do not receive new volunteers, the canteen will be closed on days it cannot be manned.

A wonderful way to be part of the school community is through volunteering. We currently have some amazing volunteers in our canteen to ensure we maintain a full-time canteen for our students. However, the canteen is in desperate need for some new volunteers. No experience necessary. If you are able to donate any of your precious time, please contact the canteen or office staff. Your children also gain a sense of pride when their parent helps at the school.

Term 3 roster is up so we need volunteers to keep the canteen open every day.

New Autumn & Winter menu now available.

New to the menu: noodle cup soup, hot cakes and barbecue chicken pizza.

Also new to the canteen menu - hot dogs \$2.50

Lunch Wallets are available \$9.00.

Colours: Pink, Blue, Green, Red, Purple, Yellow and Grey.

Many thanks

Andre Yusuf - P&C President

### **P & C Meeting**

**The next P & C meeting will be held on Wednesday, 27<sup>th</sup> August in the library at 6:15 p.m. All welcome!**

### **Student Medical Insurance**

**Have you paid your \$5 to the P&C to ensure your child is covered for medical expenses for accidents incurred on school premises or on school-related activities.**



### School Banking

Wednesday is school banking day and students should bring in their weekly deposit to the front office before 9:00 a.m.

For every deposit made at school, no matter how big or small, students will receive a cool Dollarmites token. Once students have individually collected 10 tokens they can redeem them for a school banking reward item in recognition of their continued savings behaviour. Remember our school earns 5% commission on every deposit made (to a maximum of \$10 per individual deposit). Thank you for supporting the School Banking program at Ingleburn North Public School.

## **REDGUM BOOK CLUB**



Ingleburn North Public School is now participating in the Redgum Book Club. Redgum Book Club is a new Australian owned children's book club supporting Australian authors, illustrators and independent publishers. To view or purchase books for your child visit **[www.redgumbookclub.com.au](http://www.redgumbookclub.com.au)** and follow the simple on-line ordering system.

If you would like to purchase any books ensure you go online (**this is a cashless system**) and place your order before 1<sup>st</sup> September, 2014 and your order will be sent to the school for distribution.

Not only will you be enhancing your child's engagement in reading the school will receive a 10% commission on any sales.



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## NOTICES



*Ingleburn Little  
Athletics Club*

Little Athletics is a uniquely Australian sport run over summer. Athletics allows children to learn skills that will help them in other sports. Events and equipment are modified to suit the ages and abilities of children. It's all about FAMILY, FUN and FITNESS.

Ingleburn Little Athletics holds competition nights every Friday. Various regional and state-wide competitions are also run to give athletes a chance to test their skills against the best.

Little Athletics is open to kids of all ages, from Tots (toddlers) to U17.

### **Registration Dates:**

Sunday 17 and Saturday 23 August, 2014

10am — 2pm

Upstairs at Ingleburn RSL

Registrations will also be taken at our home ground at registration night:

Friday 29 August, 2014

6 – 8 pm

Monarch Oval (Bob Prenter Reserve), Macquarie Fields

For more information, please visit  
[www.ingleburnlac.org](http://www.ingleburnlac.org)

### **NOTICE RE ROADWORKS AROUND INGLEBURN NORTH PUBLIC SCHOOL**

UrbanGrowth NSW is building a temporary intersection to provide a connection between Campbelltown Road and the new Edmondson Park Railway Station.

Roadworks will begin on Thursday, 21<sup>st</sup> August, 2014. This will include adjustment to the existing traffic lights at Macdonald Road and roadworks on Macdonald Road, Campbelltown Road and Soldiers Parade.

Please take these factors into account when dropping off children and picking them up as there may be delays.