



INGLEBURN NORTH PUBLIC SCHOOL

NEWSLETTER

Macdonald Road
INGLEBURN NSW 2565
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'THE BUGLE'



Term 2 – Week 2 – 2014

Message from the Principal

Dear members of the Ingleburn North Public School community,

Thanks go to Mr Nitto, Mr Yusuf and Mr Camilleri (as well as Emilia Nitto, Eleni Yusuf and Mrs Sharp) for manning the fundraiser BBQ on Saturday at Liverpool's Cash Converters – sorry if there were others (I left at 12pm). They raised over \$300 for our school!

ANZAC Day: Congratulations go to Mrs Wyber and Miss Morgan for organising what was a rather moving ceremony. Our special guest was one of our parents, Mr Yandall, who was wounded in Afghanistan and whose wife is serving there as I write. Mr Yandall's speech lent a definite poignancy to the ceremony. As happens every year, it was my pleasure to hear from our special guests umpteen compliments about your children's wonderful behaviour – they did our school proud!

Photo Day is this Wednesday: please ensure that your child is at school on time and in the correct school uniform.

Labelling of student uniforms now available: The maximum cost per item of uniform embroidered is \$3. Should you wish to have personal items of clothing embroidered the cost will be \$1.50 per letter (gold lettering only). They look great! AT LAST, NO MORE LOST CLOTHING!

MAY

Mon 5 th	Mufti Day
Wed 7 th	SCHOOL PHOTO DAY
Thur 8 th	INPS Cross-Country
Tue 13 th	NAPLAN
Wed 14 th	NAPLAN
Wed 14 th	P&C MEETING ALL WELCOME
Thur 15 th	NAPLAN
Fri 16 th	NAPLAN (catch up day)
Tue 20 th	ICAS Computer Skills Test
Thur 22 nd	ASSEMBLY
Fri 23 rd	Zone Cross-Country
Thur 29 th	Kindergarten Excursion

JUNE

Wed 4 th	ICAS Science Test
Thur 5 th	ASSEMBLY
Fri 6 th	Gala Day
Mon 7 th	PUBLIC HOLIDAY
Wed 11 th	P&C MEETING ALL WELCOME
Thur 12 th	SWS Cross-Country
Mon 16 th	ICAS Writing Test
Tue 17 th	ICAS Spelling Test
Thur 19 th	ASSEMBLY
Fri 20 th	Gala Day
Fri 20 th	Last Day for Camp Payments
Tue 24 th	Student Reports Sent Home
Tue 24 th	Parent-Teacher Night
Fri 27 th	Last Day of Term 2

Tue 15 th JULY	First day of Term 3
Wed 23rd	CAMP
Thur 24th	CAMP
Fri 25th	CAMP

Disclaimer:

Ingleburn North Public School does not endorse any product or services advertised in this newsletter.

Have you paid your school contributions yet? These voluntary contributions have been fixed for a number of years now at \$40 for a single child and \$70 for a family. If we are to provide the best educational resources for your child then this money is needed!

School Banking Day Reminder.



Don't forget that **Wednesday** is School Banking day and students should bring in their weekly deposit to the front office before 9am.

For every deposit made at school, no matter how big or small, students will receive a cool Dollarmites token. Once students have individually collected 10 tokens they can redeem them for a school banking reward item in recognition of their continued savings behaviour.

Remember our school earns 5% commission on every deposit made (to a maximum of \$10 per individual deposit). Thank you for supporting the School Banking program at Ingleburn North Public School.

Stewart House Donation Drive 2013

All Stewart House donation envelopes must be returned to the Office by 16th May, 2014.

Stewart House Bags

We are again collecting for Stewart House. If you have any clothes or manchester that you no longer need, you may drop these off at the office by Monday 19th May, 2014. Stewart House bags are available at the office.

Nutrition Snippet

The simplest way

...to make Australia's Biggest Morning Tea healthy!

Date & Muesli Slice

Ingredients
Olive or canola oil spray
2 medium apples, skin on, core removed, coarsely grated
1/3 cup water
1/4 cup margarine
2 cups dates, seeded
2 cups natural muesli
1/2 cup plain flour
1/2 cup wholemeal plain flour
1 tsp ground cinnamon



Method
Preheat oven to 180°C (160°C fan forced) | Lightly spray a slice tin (approx. 25x30cm) with oil | Add apple, water, margarine and dates to a small saucepan and bring to the boil | Reduce heat, cover and simmer for a further 5 minutes until the apple is soft | Cook uncovered for a further 5 minutes and stir occasionally until mixture thickens to a paste-like consistency | Meantime, place muesli in a large frypan. Stir over low heat until lightly browned | Sift flours into a large bowl, returning husk remaining in the sieve to the bowl | Add cinnamon and muesli to the flours and mix to combine | Stir into the date mixture then spoon into prepared tin | Bake for 20 minutes until firm | Cool in tin before cutting.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit



Nutrition Snippet

The simplest way

...to use leftovers in the lunchbox

Leftovers are an easy way to pack your kids a nutritious lunch, whilst clearing out the fridge.

Your kids will love these tasty leftovers and their lunch box will be sure to come home empty.

Try some of these ideas:


- Cottage pie or spag bol sandwiches - both taste great on wholemeal bread
- Healthy fried rice or stir-frys are a fun alternative to a sandwich
- Turn leftover vegies into a frittata
- Add leftover baked veg to a sandwich or use steamed sweet potato or pumpkin as a sandwich spread with cheese (then add your favourite salad).



For more information visit
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Tissues



Last year our supply of tissues dwindled. It would be appreciated if families would pop a box into their shopping trolley next time you are shopping to build up our supply. Boxes can be sent to the office. Thank you to those who have already donated boxes.

Thank you in anticipation.

Office staff.

P&C NEWS

The Easter Hat Parade was a huge success raising a lot of money for the School. It was great to see parents and carers who attended on the day. The P&C Fundraiser Committee did an awesome job. Thank you to all the volunteers who helped out on the day and a special thanks to the Nguyen family who donated the sausages and the bread slices for the BBQ and to the parents and carers who donated the Easter chocolates for the raffle. It's great to see the community spirit at this wonderful school.

Canteen

Term 2 roster is up so we need volunteers to keep the canteen open every day.

New Autumn & Winter menu now available and starts of Term 2.

New to the menu: noodle cup soup, hot cakes and barbecue chicken pizza

A wonderful way to be part of the school community is through volunteering.

We currently have some amazing volunteers in our canteen to ensure we maintain a full-time canteen for our students.

However, through volunteer's children moving on to high school and work commitments, the canteen is in desperate need for some new volunteers. No experience necessary.

If you are able to donate any of your precious time, please contact the canteen or office staff.

Your children also gain a sense of pride when their parent helps at the school.

Many Thanks
Andre Yusuf
P&C President

Student Insurance

Student insurance is due now @ \$5.00 per student. This insurance covers our children at school, on camp, on excursions etc. Please pay as soon as possible at the office, so we can mark each name off.

Thank you
P&C