



INGLEBURN NORTH PUBLIC SCHOOL

NEWSLETTER

Macdonald Road
INGLEBURN NSW 2565
9605 2459

'THE BUGLE'



Term 4 – Week 10 – 2014

Message from the Principal

Dear members of the Ingleburn North Public School community,

Welcome to our final “Bugle” for 2014. As always the year has flown! This has been an extraordinary year of quality teaching. Yet again, our NAPLAN “growth” figures were excellent and yet again our wonderful students have continued to amaze us with their academic gains.

Our school would not function as well as it does if it were not for our fantastically supportive parents, volunteers and P&C. So, BIG thanks go to them! And it is our fabulous teachers who ensure your children are the recipients of such a high quality education. BIG thanks again! Then there are the unsung stalwarts of our school, our support staff, Mrs Hancock and Mrs Keen in the office, Mrs White supporting students in the classroom, Mr Pearson our general assistant and Maria our hard working cleaner. Last but not least, thanks go to our amazing students; their wonderful behaviour and curious minds make INPS fertile educational ground indeed!

Ms Amy Cady is leaving us. Ms Cady commenced teaching at this school in 1997 and apart from a few years away having her two daughters, she has worked tirelessly at INPS to provide an outstanding education for your children. We all wish her the very best in her new endeavour (Amy will be running her own tutorial business at Camden). From all of us at INPS, GOOD LUCK!

DECEMBER

Tuesday 9th Presentation Day - 11:20 a.m. to 1.00 p.m. (approximate finish)
Thursday 11th Year 6 Farewell
Wednesday 17th Last day of school for 2014!

JANUARY 2015

Wednesday 28th Students Years 1 to 6 commence classes

FEBRUARY

Monday 2nd Kindergarten students begin

Parenting: Someone once said that we become functioning adults in spite of our parents. Cruel humour perhaps, but let's face it, there is a ring of truth to this aphorism. In this excellent article the influence our words can have on our children and in particular their motivation is examined:

<http://www.generationnext.com.au/2013/06/pushing-the-boost-button-for-our-kids-easier-said-than-done/>

Disclaimer:

Ingleburn North Public School does not endorse any product or services advertised in this newsletter.

Semester Two Reports: On Tuesday 16th December your children will be bringing home their Semester Two reports. As always I will offer you some guidance in how to interpret the results. First, the grade of Sound is an excellent achievement, one which I encourage you to celebrate with your children. The grade of Sound indicates that your child has worked hard to achieve, at a very good standard, a majority of syllabus outcomes. The grade of Basic indicates that your child has some catching up to do, but that they very often have done their best. The grade of Limited indicates that your child has quite a bit of catching up to do, but if they work hard they will improve. High indicates that your child is not only achieving the outcomes, but is ahead of grade expectations. The grade of Outstanding is rarely given; it means that your child has achieved all of the outcomes expected at an extraordinary standard.

Note that **the grades for this semester may be very different to those seen on the Semester One reports.** This is because the outcomes are quite different for the two semesters, but also, it could have something to do with your child's efforts.

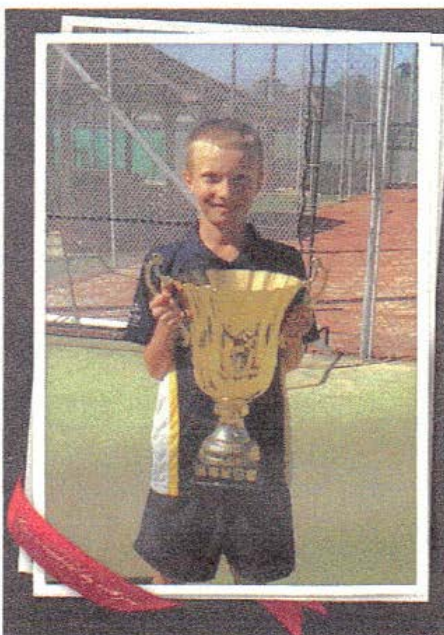
On that note, it is so very important that we spend time praising children's efforts. For those of you who are pleased with your child's results, can I suggest that this is not because they are good? We often say "Good boy", or, "Good girl" when our child does well, when in fact what we should be saying is "Good effort!" The difference may seem subtle, but the impact on future efforts is powerful. The opposite is also true: if you are unhappy with your child's results this is not because your child is a "Bad boy" or a "Bad girl".

Please accept or reject the following advice as you see fit. Your child may have put in a 100% effort so what will be the impact if they suffer our criticism? A rough rule of thumb: It is important to acknowledge five of your child's successes for every area of improvement. The language we use here is important. For example: "Wow! Great effort for writing! Your teacher says you have been writing interesting narratives." (Follow this with four more positives). "What skill you would like to improve on next year?" (Now guide them in their setting their own realistic goals).

Teachers deliberately control the language of their reports because they want to encourage their students to continue to try hard. Any negativity from teachers, parents, carers, relatives or other students – no matter how small that negativity – can have an extremely damaging impact on a child's self-esteem and motivation. If you read the reports carefully, you will find enough information to understand your child's performance.

Last, comparing your child's performance with another child's is nonsensical. It's like comparing Michael Clarke (cricket captain) and Mark Webber (racing car driver). They both have talents, skills, abilities, but these are obviously very different. Your child is special. With your love and guidance and our efforts he/she will develop into a marvellous adult. Our patience and wisdom are required though!

To you all, I wish you a merry Christmas and a safe and happy holiday.



Toby Curry represented Ingleburn North at The School Boys & School Girls Tennis Tournament – November 2014. He played singles in year 4 boys and from a draw of 64 players he won his 1st round 6-0, 2nd round 6-3, 3rd round 6-3 and proceeded to the Quarter finals which were the top 8 players in Sydney Metropolitan area for year 4 and just lost the set 6-4. He played up a year for doubles in the year 5 boys with his partner James and they got to the Quarter Finals. Toby was also awarded this year the player of the year for New South Wales Hardcourt Tennis U/12 boys for winning all his single matches for the inter-district competition 2014.

Library News

Well it's here. School finishes next week. I'd like to take the opportunity to thank a few people for the success of the library program.

Firstly the students for their enthusiasm for reading and all the helpers in each class that willingly put books away and tidy up always taking pride in our library. Next are the library monitors who give up their time to help keep the library in order.

Then the parent helpers, Mrs Egan, Mrs Freeman and Mrs. Das to name a few. They tirelessly shelve and cover books and help in many other ways. Thank you, I would be lost without you.

Finally Ms Keen and Mrs Hancock in the office for all their behind the scenes work.

We have a great library at INPS and it is that way because the community values reading and this shows in our children's results.

I hope everyone has a safe and relaxing break over the holidays. See you next year!

"Today a reader, tomorrow a leader." — Margaret Fuller

Happy Reading
Kathy Wyber
Teacher/Librarian



Holiday reading programs

A head Start for your Child

Everyone wants to give their kids a head start for the next year. Unfortunately studies show that student scores in reading drop significantly over the holiday period, with many students needing a number of weeks to return to where they were the previous year. But there is one thing you can do during the holidays that will help your child maintain their reading level or even put them ahead. You've guessed it! Encouraging them to read is the single most important thing you can do in the holidays, apart from some down time for the family. Below is the information for the Summer Reading Club at Campbelltown Library. It's a great opportunity to get the kids motivated and it's free!





Campbelltown City Library is pleased to announce that the Summer Reading Club will once again be taking place throughout December and January. We are inviting children and their families to come in and join in the fun. The Summer Reading Club is open to young people up to 16 years of age.

The holidays are all about fun and adventure, and this year's Summer Reading Club is aimed at encouraging children to find both – in the pages of books. This year's 'Adventure' theme will see children choose their own adventure as they explore the library shelves.

Registrations will open on Monday 1 December. You can visit any Campbelltown City Library branch to register and all participants will receive a Summer Reading Club starter bag and a prize from our lucky dip. Registrations are also available online through the Summer Reading Club interactive website <http://www.summerreadingclub.org.au/>

Read as much as you can and return your reading logs to any Campbelltown City Library branch to go in to the draw as there are some great prizes on offer.

Reading for the Summer Reading Club will end on Sunday 18 January. To celebrate the end of the Summer Reading Club we will be hosting parties at all Campbelltown City Library branches on Thursday 22 January so look out for your invitation in the mail!

We look forward to seeing you in the library – happy reading!

For more information, contact Campbelltown City Library on 4645 4444 or visit our [Facebook](#) page.



Christmas shopping at school

Due to the wonderful sales at this year's book fair Scholastic are offering us a buy one and get one free for the library sale. We have decided that we would coincide it with presentation day, Tuesday 9th December, so that parents can do some Christmas shopping.

We will not be earning commission on sales but for every book sold we can select one for the library to the same value. If you choose to buy a second book you also receive a free book to the same or lesser value. A great chance to stock up on presents for Christmas.



School Banking

Wednesday is school banking day and students should bring in their weekly deposit to the front office before 9:00 a.m.

For every deposit made at school, no matter how big or small, students will receive a cool Dollarmites token. Once students have individually collected 10 tokens they can redeem them for a school banking reward item in recognition of their continued savings behaviour. Remember our school earns 5% commission on every deposit made (to a maximum of \$10 per individual deposit). Thank you for supporting the School Banking program at Ingleburn North Public School.



Nutrition Snippet

The simplest way

...make Christmas healthy

Christmas is full of temptation: from bowls of chocolate, to puddings to pavlovas.

It's important you still aim for two serves of fruit + five serves of veg, every day.

Try and restrict your family's treats until Christmas Day, and follow these three steps for healthier choices:

1. Serve veggie sticks with veggie dips as a starter, so you fill up on healthier food first.
2. Serve a large fruit salad or fruit kebabs alongside dessert.
3. Make sure half your plate is filled with veggies (think roasted or raw salads).

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit



Eat It To Beat It



Nutrition Snippet

The simplest way

...to make a Christmas centerpiece.

Get creative these holidays with a fruit and veg inspired centerpiece for your Christmas feast!

The picture on the right uses layers of baby tomatoes, rosemary and cheese but you could use:

- Layers of thinly sliced green and red capsicum, with slices of carrots in between
- Baby tomatoes and basil
- Kiwi fruit, watermelon, rockmelon
- Use mixed berries: blueberries, strawberries, raspberries.

If you have fruit + veg on your table, you'll be surprised how quickly it will be eaten.

For more inspiration – like us on Facebook – details below.
Merry Christmas!

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

Eat It To Beat It



Nutrition Snippet

The simplest way

...to make healthy Santas.

This Christmas, get your kids eating strawberry Santas – they're cute to look at, and delicious to eat!

Follow these instructions to keep your Christmas fun and healthy:

1. Wash your strawberries, dry, then slice off the tip
2. Spoon/pipe reduced-fat ricotta or cream cheese on the larger half, then put the 'hat' on top
3. Top hat with a little more of the cheese to make a pom pom
4. Cut a small amount of sultanas up for the eyes and place on gently.

Merry Christmas from all of us at *Eat It To Beat It!*

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

Eat It To Beat It



P&C NEWS

Canteen

We are in urgent need for volunteers for the canteen for Term 4. If we do not receive new volunteers, the canteen will be closed on days it cannot be manned.

A wonderful way to be part of the school community is through volunteering. We currently have some amazing volunteers in our canteen to ensure we maintain a full-time canteen for our students. However, the canteen is in desperate need for some new volunteers. No experience necessary. If you are able to donate any of your precious time, please contact the canteen or office staff. Your children also gain a sense of pride when their parent helps at the school.

Term 4 roster is up so we need volunteers to keep the canteen open every day.

Lunch Wallets are available \$9.00.

Colours: Pink, Blue, Green, Red, Purple, Yellow and Grey.

Many thanks

Andre Yusuf - P&C President

Student Medical Insurance

Have you paid your \$5 to the P&C to ensure your child is covered for medical expenses for accidents incurred on school premises or on school-related activities.

ADVERTISEMENTS



Art Classes in Drawing & Painting

Kids (7-12yrs) : Sat 10am 12pm
Youth (13yrs+) / **Adults** : Sat 12pm - 2pm

Term 1 2015
starts Jan 31

Ingleburn North Primary School Hall
Cnr Macdonald Rd & Campbelltown Rd

A range of subjects & approaches - Drawing mediums, Soft Pastel, Watercolour, Acrylic & Oils - Beginners welcome
Focus on Technique, Ideas & Experience - Your projects or structured program - Artist-tutor & qualified teacher
Our services: Weekly Classes, Workshops & themed Art Circuits for Kids Enquiries: Erin 0433 944 041

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Ingleburn North Public School



WE MAKE KIDS SMILE



Over the Term, we have made some great memories in OOSHC but nothing tops water week last week. We laughed, got wet, ran from Danii and Corinne as they chased us down with buckets of water but best of all **WE HAD FUN**. We stayed cool and beat the heat with our water week.



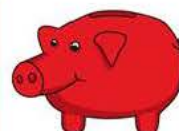
We have welcomed Corinne Popovic as our new Coordinator and she had this to say "Working for Camp Australia is a privilege not a job to me. I have been so lucky to be placed in your school. The children are amazing and make me smile everyday. Thankyou to all the families for making me feel so welcome"

We have the Holiday Club coming up as well and it will be offered at Oran Park Primary School where Corinne will be Co-ordinating as well as The Grange Primary School in Minto. Please ask us for more information.



Once registered

You can make bookings and cancellations, view your statements and manage your details anytime of the day.



Save on Care

Save 50% or more on Before and After School Care with the Child Care Rebate. Almost all families are eligible. To find out more call our Customer Service Team on **1300 105 343**



Holiday Clubs

Don't forget about the Camp Australia Holiday Clubs these school holidays.

Use the Holiday Club

Finder on the website to find the nearest program:

www.campastralia.com.au/holidayclubs



Healthy Snacks

Afternoon tea is served daily.

Menus are tailored to children's tastes, developmental and nutritional needs. Afternoon tea includes a selection of yummy sandwiches and fruit. Children may also engage in fun cooking activities.



HOW TO GET STARTED

Before using our programs register online for an account. This enables you to make bookings, view your statements and manage your details anytime of the day. Registering is quick and easy. Visit www.campastralia.com.au/newparents

we make kids smile
www.campastralia.com.au