



INGLEBURN NORTH PUBLIC SCHOOL

NEWSLETTER

Macdonald Road
INGLEBURN NSW 2565
9605 2459

'THE BUGLE'



Week 8 – Term 2 – 2013

Message from the Principal

Dear members of the Ingleburn North Public School community,

Kindergarten students enrolling in 2014: Because we have had so many out-of-area enrolment inquiries so far this year, and because the local housing estates are about to explode with new houses, it is important that you let the office know if you intend on enrolling a child at INPS next year. Only with accurate information can I make the right decisions about out-of-area applications. Your help in this matter is greatly appreciated.

CAMP! Please note that payment for the school camp must be finalised by Friday 28th June.

Thank you to those parents and carers requesting to have the newsletter emailed to them or to read it on the school website. This helps to reduce the school's carbon footprint, saves forests and saves the school money so that we can purchase more learning resources.

Teachers sick! A couple of parents have asked me why teachers get sick. It is a sad fact in the teaching game that students come to school when they are sick. Classrooms are often little more than humidity cribs for germs. Unfortunately this leads to other children also becoming sick. It is also a fact that there are no such things as kid sized germs. The teachers are exposed to these germs on a daily basis. Please keep your sick child at home.

Food for thought: Wander about during any recess or lunch time and take a peek at what the children are eating. You will then realise that the modern child is raised on a diet of sugar, preservatives and fat. The damage being done to our children's health is like sand falling through an hour glass, eventually they will reach the end of what their bodies can cope with; this once meant becoming ill in one's 40s; it now means possibly becoming ill in one's 20s. In the face of the sugar diabetes epidemic rampaging across Australia, many people are now returning to the food their great-grandparents ate (at my age this means my parents). That is, nothing in a packet, no sugar in any drinks, and eating lots of fruit and vegetables. Yes it takes a few minutes to prepare, but it is cheaper and healthier than our rubbish modern diet.

Mr B. Moseley
Principal

Coming Events

Thursday 20th June: Mufti Day (gold coin donation)

Wednesday 26th June: Student Reports sent home

Wednesday 26th June: Spider and Cake Day

Thursday 27th June: School Assembly

Thursday 27th June: Parent Teacher Night

Friday 28th June: Last day of Term 2 (deadline for School Camp payments)

Tuesday 16th July: First Day of Term 3

YEAR 6 FUNRAISER

Year 6 are now selling beanies, head-bands and tissue box covers for \$10 each, so you can show support for your favourite Rugby League team. Samples in the colours of your favourite football team are available for purchase and order from the front office.

Also, available for sale are some beautifully crocheted baby packages. This package cost \$25 and includes a baby bottle and cover, coat-hanger, bonnet and blanket. This package would make an ideal gift and can be ordered in the colours of baby pink, baby blue or your favourite team colours.

Mufti Day

This Thursday 20th June we will be having a Mufti Day to raise money for the Year 6 Farewell. All students K-6 are invited to donate a gold coin and enjoy a day out of uniform in support of our senior students. We thank you in anticipation of your support.

Gummi Bear Guessing Competition

In the last 2 weeks of this term Year 6 will be holding a guessing competition. Students are invited to come and guess how many Gummi Bears are in the jar. The student with the exact or closest guess will get to take home the jar of Gummi Bears. 1 guess will cost 20c or 3 for 50c. The winner will be announced at recess assembly on the final day of this term (28/6/13)

Thank you for your support,

Year 6 and Miss Morgan.

OFFICE NEWS

Woolworths Earn and Learn stickers have now officially finished being handed out at the checkout. Please bring any stickers you have on hand at home into the office, so we can tally the total pages and send them off for our schools rewards.

Many thanks to the whole school community for getting behind this worthwhile drive.

Commonwealth Student Banking

Student banking at our school is Wednesday mornings before the bell, so from 8.30 onwards all students with a Commonwealth Bank Account are encouraged to bring their banking to the Office window. Every deposit through the school earns a token which can be saved and redeemed for fun Commonwealth Bank items.

School Uniform Second Hand Pool

We are in desperate need of any second hand boys and girls track pants and shorts in small sizes.

Our supply has dwindled to zero in all small sizes which makes it very hard to offer a warm dry change of clothing to our smaller students.

If you have any older uniforms that would help us out please drop them into the front office.

Many Thanks

Cathy and Marie

Friendly Frogs



OOSH

LEAPING FORWARD

IN OUT OF SCHOOL HOURS CARE SERVICES

OUR STORY

Danielle began her care journey at The Grange Primary School Minto with only 1 child in the morning and 3 in the afternoons. Over the past 6 years her service has grown to include 2 centers 70+ current enrolments and 9 staff members .

Our philosophy

To promote an anti – bias approach

We believe children; both boys and girls should be given equal opportunities and access to resources, skills, staff and learning experiences.

We believe that each child regardless of race, religion, sex, socio-economic background or a ability, needs to be shown warmth, affection, understanding and be given the same learning opportunities

All children deserve the right to an education. Therefore, it is important for staff to foster self-esteem, self-concept and self-confidence in all of the children who attend.

We believe that children learn social and emotional skills through activities that promote cooperation, empathy, responsibility, leadership and teamwork. Children learn these skills through adults and children modeling the appropriate behaviors.

Children learn appreciation and understanding of other cultures by continually exposing them to and involving them with people who are different from them.

Gross Motor Skills are learned through active daily participation in music and dance and outdoor sporting activities.

Fine Motor Skills are further developed with active participation in activities that involve hand-eye coordination such as beading, drawing, construction and sewing

Cognitive Skills through activities that promote questioning, prediction, hypothesizing, estimating, measuring and experimenting

Language is further enhanced through being immersed in activities that promote listening, reading, speaking, singing and writhing.

Self Help Skills through correct adult modeling and encouragement

All children have the right to feel safe and secure within their environment. The physical safety of the children is one of the important responsibilities of the service

OUR PROMISE

Our fun, energetic, intelligent staff members will ensure your child receives the best possible care during their time with us.

Staff form strong caring relationships quite quickly with children and families which ensures you and your child feel safe and cared for while with us

We program activities based on evaluations carried out by staff and feedback from families. This ensures your children are taking part in things they enjoy rather than a set of planned activities.

Our centers are designed to feel like home so at the end of a long school day with our laid back environment your child wont feel as though they are walking from one class room to another.

On arrival children are free to sit and chat with friends and staff, play with toys, watch a movie or use the xbox, go outside or produce a work of art. Our homework clinic makes homework fun and all children are encouraged by staff to take part

We encourage healthy lifestyles so physical play and nutrition is of the highly important to us! We provide a healthy afternoon tea snack and fruit for the children to snack on also cold filtered drinking water

Our Vacation Care service is extremely popular with loads of fun outings as well as in-house days your child will never be bored during the holidays

With your child being in control of their afternoon and our amazing staff members we can guarantee your child will want to come back again and again.

Times and Prices

Locations:

The Grange Primary school,
Benham Road Minto

Guise Primary School, Eucalyptus
Dr Macquarie Fields
Before School Care

7:00am – 9:00 am Mon – Fri

After School

2:30am – 6:00pm Mon – Fri

Vacation Care

7:00 am – 5:30pm (during holidays)

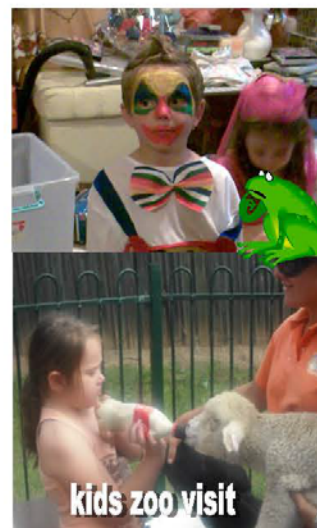
Closed Public Holidays

Cost (before CCB%)

Before school = 13.00

After School = 17.00

Vacation Care = 55.00



kids zoo visit



Health
Population
Health



FREE fun program to help kids become fitter, healthier and happier!

**Do you have children 7-13 years old?
Are you worried about their weight?**

The Go4Fun Program is a free healthy lifestyle program to improve health, fitness, self-esteem and confidence in children above their ideal weight.

What happens in the Go4Fun program?

The program runs over one school term. There are 20 sessions (2 sessions/week, 2hrs/session). Sessions include: games, activities and swimming for kids; easy, effective ways to improve your child's self-esteem and confidence; demonstrations, games and tips on healthy foods, label reading and portion sizes; and a fun supermarket tour!

South Western Sydney Local Health District has 15 places on the program in your local area, completely free of charge. Places are offered on a first come, first served basis. Children need to be 7-13 years old and above their ideal weight to attend. A parent or carer must accompany each child to every session.

To find out more contact **1800 780 900** or Leah Choi Tel: **(02) 97802811** or visit <http://www.sswahs.nsw.gov.au/populationhealth/Go4Fun.html> where you can also register.



School Pavers can be ordered now \$30 order forms at the Office.

SALE Commemorative Mugs a very special price now \$4.00

COMMEMORATIVE 50TH ANNIVERSARY

We still have copies available of the INPS 50th Anniversary Booklet.
They are NOW \$30 each and available while they last from the Office.

A wonderful idea for your child's Memory Box for years to come.

A great idea for collecting autographs from the 50th Birthday of our school.