



# INGLEBURN NORTH PUBLIC SCHOOL

## NEWSLETTER

Macdonald Road  
INGLEBURN NSW 2565  
9605 2459

# 'THE BUGLE'



Week 4 – Term 4 – 2013

### Message from the Principal

Dear members of the Ingleburn North Public School community,

**The Ingleburn North P. S. staff conference held in the Hunter Valley on the 19th and 20th October was a huge success.** The productive two day conference resulted in staff continuing to become familiar with the new English syllabus, in preparation for its implementation at the start of 2014. Staff worked on preparing exciting and engaging English units of work for students K – 6, aligning current best teaching practice with the new syllabus. The new English syllabus allows teachers greater flexibility and incorporates varied approaches in the teaching of English. Students will be exposed to a variety of print and digital texts in the study of language and literacy. Our preparation now will ensure a great start to 2014.

**Congratulations to Kiara of 2A** who has won the Creativity of Story Award for Lower Primary students in the Braille Writing Competition. Kiara was commended for her excellent braille knowledge and correct use of braille contractions, her use of punctuation and for her great use of adjectives. Congratulations Kiara on a wonderful achievement!

### Coming Events



#### October

Wed 30<sup>th</sup>: **SPECIAL P&C MEETING 6.15pm**  
**ALL WELCOME**

Thurs 31<sup>st</sup>: Disco 5pm to 7pm (SHARP!)

#### November

Tue 5<sup>th</sup>: Kindergarten Orientation  
Wed 6<sup>th</sup>: **Special Wednesday ASSEMBLY**  
Tue 12<sup>th</sup>: Kindergarten Orientation  
Mon 18<sup>th</sup>: Christmas Concert rehearsal  
(selected students)  
Tue 19<sup>th</sup>: Kindergarten Orientation  
Wed 20<sup>th</sup>: **P&C MEETING 6.15pm ALL**  
**WELCOME**  
Thurs 21<sup>st</sup>: **ASSEMBLY**

#### December

Tue 3<sup>rd</sup>: Christmas Concert (at Ingleburn High School)  
Fri 6<sup>th</sup>: School captains to State Parliament  
Tue 10<sup>th</sup>: **PRESENTATION DAY**  
Wed 11<sup>th</sup>: K-2 Christmas Excursion  
Thurs 12<sup>th</sup>: Year 6 Farewell  
Fri 13<sup>th</sup>: Volunteers' morning tea  
Mon 16<sup>th</sup>: Student reports sent home  
**Wed 18<sup>th</sup>: Last day of Term 4**

#### January 2014

Tue 28<sup>th</sup>: **First day of Term 1**

### **Disclaimer:**

Ingleburn North Public School does not endorse any product or services advertised in this newsletter.

**Thank you to all families for your support of the Daniel Morcombe Foundation last Friday.** Students were educated on the important messages of personal safety and bullying as we raised \$200 for the Foundation.

**Carpark – please note that work will be taking place on the fence around the hall and after-school building on Thursday 31<sup>st</sup> October.** It would be appreciated if parents did not park in this area on Thursday while the work is being carried out.

**Special P&C Meeting Wednesday 30<sup>th</sup> October 6.15pm in the library:** I will conduct a shortish presentation on the why, what and how of managing student behaviour at INPS. Please come along if you can. I hope to make it an interesting presentation. **ALL WELCOME**

**Applications for Selective High School placements in 2015** (for students now in Year 5) are now online at:  
[www.schools.nsw.edu.au/shsplacement](http://www.schools.nsw.edu.au/shsplacement)  
Applications close on the 15<sup>th</sup> November.

**Mr Moseley's question for the week:** This puzzle is for Infants only! *If kangaroos and elephants could marry and have babies, what would happen to the Australian countryside?* The first student K – 2 who gives me the correct answer will receive a special sticker!

**Congratulations to April W.** who was first to answer last week's question correctly *it takes 8 mins and 20 secs for light to travel from the Sun to Earth.*

Mr B. Moseley  
Principal

### **Commonwealth Student Banking**

Student banking at our school is Wednesday mornings before the bell. All students with a Commonwealth Bank account are encouraged to bring their banking to the office window. Every deposit through the school earns a token which can be saved and redeemed for fun Commonwealth Bank items.

### **HIGH IMPORTANCE MEDICAL FORMS**

We are still waiting on a number of Student Medical Details and Health Conditions Forms sent out last term.

It is imperative that we receive these forms back for **every** child enrolled at this school even if your child does not have any allergy or medical conditions.

This is a Departmental requirement for every child enrolled in public schools in order to update the database.

If you require another form, they are available from the front office. Please send these forms in as soon as possible to avoid the necessity of making phone calls for missing forms.

Thank you for your assistance in this matter.



The office ladies.



**Ingleburn North P.S.**



**Commemorative Book**

Commemorative Book and are having a fire sale. Commemorative Books can be purchased from the front office for \$25.00.

**Don't miss out!**



## P & C CHRISTMAS RAFFLE

Don't forget to send in your donation for the end of year Christmas raffle.

Please send your non-perishable items such as soft drinks, Christmas items, toys etc. (**ensuring any food items have a long 'use by' date**) with your child and they can place it in their class basket.

The class with the most items will receive a pizza party on the P & C!



## Fields Zone Presentation Night

The Fields is proud to celebrate the achievements of their students in sport at the Annual Presentation Night.

Students who have represented the Fields Zone at Area Carnivals, in individual sports or as part of a team, will be recognised and presented with certificates on the night.

Winning Gala Day teams will also receive certificates and their perpetual trophy.

**When:** Monday 18th November 2013

**Where:** Ingleburn RSL - Main Auditorium  
6.00pm doors open for 6.30pm start

**Cost:** \$5.00 per ticket  
(2 tickets per family)

Tickets will be evenly distributed between schools. A waiting list will be available after the school's allocation has been exhausted.

See the front office for tickets by  
Wednesday 13th November.

# GRAND OPENING

Please join us to celebrate the Grand Opening of

## Melody and Brian's Healthy Lifestyle Business

Enjoy free samples and discover the keys to optimal health and anti-aging nutrition.

**FREE**

- Nutritional Smoothie & Fat Burning Energy Beverage
- Wellness & Weight Management Information (lose or gain weight; energy & health challenges)
- Goodies to take home!



We look forward to having you join us; Bring a friend!

**Melody & Brian**  
Business Owners



**Sunday, 3<sup>rd</sup> November 2013**

12pm to 2pm

Please R.S.V.P. by 26<sup>th</sup> October  
Melody 0410308621  
Email: [bizzyhealth@hotmail.com](mailto:bizzyhealth@hotmail.com)

**Address:**  
33 McKenzie Boulevard  
Greenvr Hills NSW 2557



Nutrition Snippet

## The simplest way

... to increase your vegies

90% of adults in your area don't eat enough vegies! We should aim for 5 serves each and every day!

Here's some easy tips to help you out...



**Eat vegetables as a snack throughout the day**

- Try vegie sticks with low fat dip like guacamole or salsa, or vegie pancakes - mix creamed corn, grated zucchini or carrot into pikelet batter before cooking.

**Decrease the meat in your meals + add more vegies**

- For a family of four all you need is 400g of lean meat, fish or poultry per meal. Top up with extra veg. Hint: chickpeas, lentils + beans are great fillers!

**Add vegies to all your meals**

- Meals that are easy to add extra veg to are casseroles, stir-fries, pizzas, even the humble omelette!

For more information visit

[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)

or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)

**Eat It To Beat It**



# HOST FAMILIES NEEDED!

## MORE INTERNATIONAL STUDENTS ARRIVING IN FEB 2014

October 2013

Latest news...latest news...latest news... latest news...latest news..latest...



### From France

Exchange student Anna, 15, has an eye for art and a fine sense of balance and rhythm. The good gymnast that she is, she is also musical. She sings, plays the guitar and wants to explore Australian culture and natural environment, and share her culture.



### From Italy

**Alberto**, 17, has led his soccer team to success at top levels. He also enjoys playing basketball and is very friendly and independent. Living near Milan, he works hard at school and hopes to achieve his ambition of becoming a doctor one day.



### From Austria

**Theresa**, 16, is from Vienna and, not surprisingly, music flows in her veins. She plays both the flute and guitar, and is with a brass band. A keen cyclist, she wants to make use of her skills for medical and humanitarian work one day.



### From Germany

**Jennifer**, almost 15, spends time gazing in the sky as she is fascinated with astronomy. She is an excellent student and interested in foreign cultures and sports, including cycling and horse-riding. She plays the violin and flute, and is fluent in English and French.



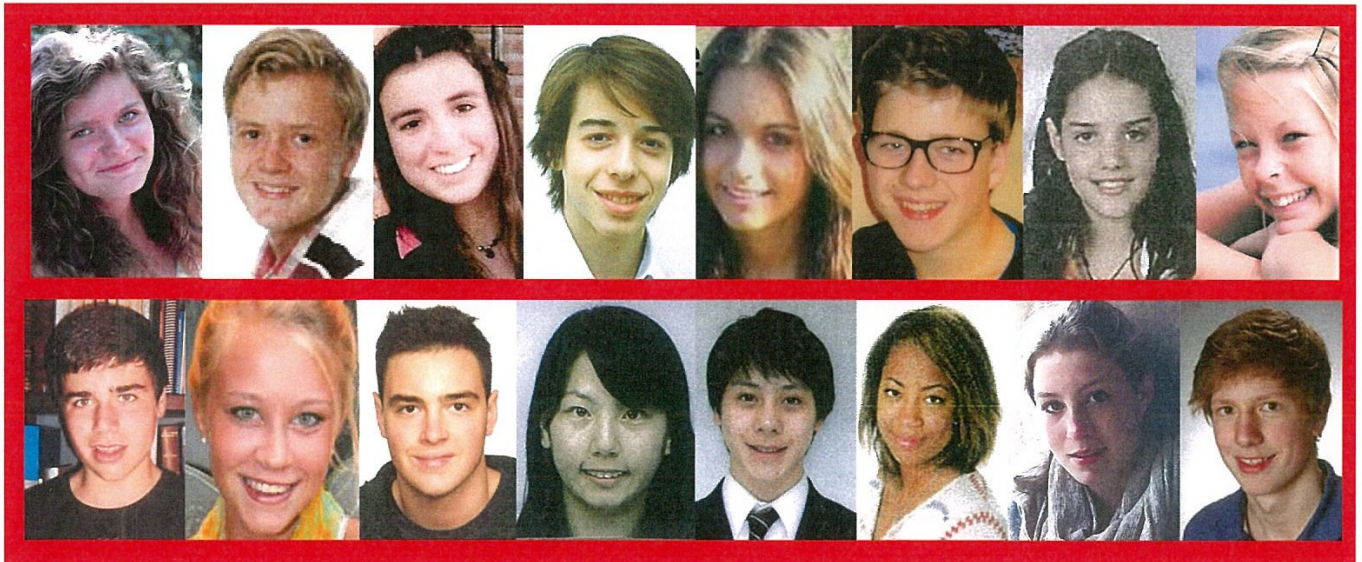
### From Japan

**Miki**, 16, lives close to the mountains in Kobe and particularly enjoys the outdoors and visits to hot-springs. A pleasant and caring girl, she is a well-rounded student who enjoys sports and has been to England.



### From USA

**Liam**, 17, from Vermont is adaptable and athletic, and enjoys a raft of activities including soccer, tennis, swimming and trampolining. He has travelled around the USA and Canada and also speaks French.



Their faces say it all: photos of exchange students to Australia who have completed their programs and returned home

**Many more international students choosing Australia will arrive Feb 5th, will be prepared with a 3-day residential orientation in Sydney and will join their Australian host families on Feb 8th. Program lengths are 3, 5 and 10 months. Students are selected, covered by insurance, supported by Local Coordinators and enrolled in schools by S.C.C.E. S.C.C.E. is available 24/7 to all program participants.**

**Request now as many full student profiles as you like  
- you may just know the perfect host family!**

1800-500-501 or 03-9775 4711  
Email: [scceaust@scce.com.au](mailto:scceaust@scce.com.au)  
Postal Address: Locked Bag 1200  
Mt Eliza, VIC 3930

Australia's own international  
student exchange organisation  
since 1983

