



# INGLEBURN NORTH PUBLIC SCHOOL

## NEWSLETTER

Macdonald Road  
INGLEBURN NSW 2565  
9605 2459

## 'THE BUGLE'



Week 2 – Term 4 – 2013

### Message from the Principal

Dear members of the Ingleburn North Public School community, welcome back to what is sure to be a very busy Term 4.

**Congratulations to our terrific students and teachers for their excellent efforts and results in this year's NAPLAN.** I must say, however, that in recent years NAPLAN has taken on an undeserved importance in our society. Four mini tests of approximately 40 minutes each should not be taken as the definitive assessment of a child's academic progress. NAPLAN can only ever be a snapshot, a quick diagnostic tool. Teachers use this information (and very useful information it is) along with the dozens of other assessments of student performance to ascertain students' academic strengths, areas for improvement and rates of progress. Sadly, NAPLAN is seen by many as "high stakes testing". Some schools (mostly private) place such emphasis on NAPLAN that their students spend much of the first 13 school weeks of the year practising for NAPLAN. This restricts their students' education to preparing for a single series of tests. Another heinous practice at some of these schools is to ask those students who may adversely affect the school's results to "be sick" during NAPLAN Week. I am very pleased to say that at INPS we never waver from providing our students a richly

### Coming Events



#### October

- Mon 21<sup>st</sup>: Civics Test (selected Year 6 students)  
Wed 23<sup>rd</sup>: **P&C MEETING 6.15pm ALL WELCOME**  
Thurs 24<sup>th</sup>: **ASSEMBLY**  
Thurs 31<sup>st</sup>: Disco 5pm to 7pm (SHARP!)

#### November

- Tue 5<sup>th</sup>: Kindergarten Orientation  
Wed 6<sup>th</sup>: **Special Wednesday ASSEMBLY**  
Tue 12<sup>th</sup>: Kindergarten Orientation  
Mon 18<sup>th</sup>: Xmas Concert rehearsal (selected students)  
Tue 19<sup>th</sup>: Kindergarten Orientation  
Wed 20<sup>th</sup>: **P&C MEETING 6.15pm ALL WELCOME**  
Thurs 21<sup>st</sup>: **ASSEMBLY**

#### December

- Tue 3<sup>rd</sup>: Xmas Concert (at I. High School)  
Fri 6<sup>th</sup>: School captains to State Parliament  
Tue 10<sup>th</sup>: **PRESENTATION DAY**  
Wed 11<sup>th</sup>: K-2 Xmas Excursion  
Thurs 12<sup>th</sup>: Year 6 Farewell  
Fri 13<sup>th</sup>: Volunteers Morning tea  
Mon 16<sup>th</sup>: Student Reports sent home  
**Wed 18<sup>th</sup>: Last day of Term 4**  
**Tue 28<sup>th</sup>: Jan 2014: First day of Term 1**

### **Disclaimer:**

Ingleburn North Public School does not endorse any product or services advertised in this newsletter.

comprehensive education, one that best prepares them for the complexities of the 21<sup>st</sup> century. Given that this is how **we** prepare our students for NAPLAN, apart from practising the format of the tests, and given that at INPS 100% of our students sat for NAPLAN, our results are all the more pleasing. Well done students and teachers!

Last Friday, **Ricky from "Smash Tennis"** commenced teaching the skills of tennis to students Year 2 to Year 6. I was very impressed with the way Ricky conducted these lessons and it was certainly appreciated that he is offering our students free lessons for the first three weeks of Term 4. Ricky is also offering our students tennis lessons for a further seven weeks (from 1<sup>st</sup> November to 13<sup>th</sup> December) for the very reasonable price of \$14 per student. This program is backed by the MLC Hot Shots program and the Australian Sports Commission. Every student who signs up for the seven week program will receive a free tennis shirt and the school will receive \$1,500 in tennis equipment. More information and a permission note will go home soon.

**Applications for Selective High School placements in 2015** (for students now in Year 5) are now online at:  
[www.schools.nsw.edu.au/shsplacement](http://www.schools.nsw.edu.au/shsplacement)  
Applications close on the 15<sup>th</sup> November.

Unfortunately, due to the prohibitive costs involved, we will not be attending the **Futsal competition in Brisbane**. Still, we are the State Champions and that is a terrific achievement.

**Mr Moseley's question for the week:** Nothing is faster than the speed of light (about 300 million metres per second). So how long does it take light to travel from the sun to the earth? The first student who gives me the correct answer will receive a special sticker!

Mr B. Moseley  
Principal

### **Stewart House Bags**

We are again collecting for Stewart House. If you have any clothes or manchester that you no longer need, you may drop these off at the office by **Friday 18<sup>th</sup> October, 2013.** Stewart House bags are available at the office.

### **Commonwealth Student Banking**

Student banking at our school is Wednesday mornings before the bell. All students with a Commonwealth Bank account are encouraged to bring their banking to the office window. Every deposit through the school earns a token which can be saved and redeemed for fun Commonwealth bank items.

### **HIGH IMPORTANCE MEDICAL FORMS**

We are still waiting on a number of Student Medical Details and Health Conditions Forms sent out last term.

It is imperative that we receive these forms back for **every** child enrolled at this school even if your child does not have any allergy or medical conditions.

This is a Departmental requirement for every child enrolled in public schools in order to update the database.

If you require another form, they are available from the front office. Please send these forms in as soon as possible to avoid the necessity of making phone calls for missing forms.

Thank you for your assistance in this matter.



The office ladies.

### **First Child Tax Offset Are you entitled to a claim?**

In 2001 the government introduced the "First Child Tax Offset". The offset was introduced to compensate parents for reduced income that followed the arrival of a child born between 1st July, 2001 and 30th June 2004.

The Australian Tax Office has now placed a deadline on claiming this offset. If you believe you are eligible there is information on the Australian Taxation Office website.

# INGLEBURN NORTH PUBLIC SCHOOL

## *Code of Conduct Required of Parents, Carers & Other persons on School Grounds*

This Code of Conduct exists as a reminder to all that students, staff, parents and other visitors are not to be subjected to behaviours that wound their feelings, or arouse anger, resentment, disgust or outrage.

Schools should be places where students, staff, parents and visitors feel safe and happy. Ensuring that our school remains a pleasant and safe place for everyone is the responsibility of all who enter the school grounds.

Parents, carers and visitors to the school are expected to:

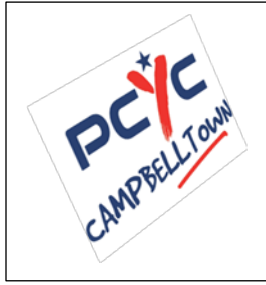
1. Treat all persons associated with the school with respect and courtesy
2. Allow staff to investigate and to manage all issues involving student behaviour and under no circumstances approach another parent(s), carer(s) or child(ren) about such issues
3. Allow staff, during all school activities, including carnivals, discos and concerts, etc., to manage student behaviour without interference
4. Make complaints about the school, staff or students to an Assistant Principal or the Principal only, never to the parent, carer, child or teacher concerned
5. Where possible make appointments in advance. If this is not possible please be aware that teachers will be unable to speak to you immediately before, immediately after or at any time during class or other duties
6. Ensure children are punctual to class
7. Leave the grounds when requested
8. Follow school procedures governing entry and behaviour on school grounds, including any restrictions that may be imposed.

Should a parent, carer, or visitor fail to abide by this Code of Conduct the Principal has the authority to employ the *Inclosed Lands Protection Act (1901)*, whereby the individual(s) concerned will not be permitted to enter the school grounds or attend school functions. This is most likely should an individual engage in the following:

- Cause physical assaults to, or threaten with physical assaults, students, staff, parents or community members at the school or during the course of school activities
- Behave in a manner in the presence of students, staff, parents or other visitors to the school that causes alarm or concern
- Use offensive language (i.e. swearing)
- Interrupt the learning environment of the school, such as by entering classrooms without permission
- Enter the school site without permission or legitimate reason

**NOTE: INDIVIDUALS NOT ADHERING TO THE INCLOSED LANDS ACT MAY BE SUBJECT TO IMMEDIATE ARREST. PENALTIES FOR PHYSICALLY ASSAULTING DEPARTMENT OF EDUCATION AND COMMUNITIES STAFF ARE EQUAL TO THOSE FOR ASSAULTING A POLICE OFFICER (UP TO 7 YEARS IMPRISONMENT).**

# CLASSES START WED 23<sup>rd</sup> October 4pm – 5pm



**A Class Fitness Gymnastics stimulates the nervous system, improving concentration and increasing strength.**

**Specializing in active children and inclusion of additional needs. A Class Fitness promotes a positive and fun environment, focusing on all children's capabilities.**

**For more information please call PCYC Campbelltown on: 9603 8229 or email us: [Campbelltown@pcycns.wa.org.au](mailto:Campbelltown@pcycns.wa.org.au)**

## **School Banking Update: Redeem your tokens for a moneybox this year!**



In 2014 the School Banking program will be launching a new set of exciting reward items for students to redeem their tokens for. Each reward item will continue to be valued at 10 tokens (i.e. 10 deposits) and there will be **two new** reward items for students to choose from **each term**.

With exciting new reward items on offer in 2014, please be aware that the **Dollarmites moneyboxes will no longer be available next year**. To avoid any child missing out on claiming their moneybox, please let your children know of this change and encourage them to redeem their moneybox this school year.

In an effort to ensure your child doesn't miss out, the rule of one money box per year has been removed. If your child is trying to collect the series of Dollarmite moneyboxes, they are encouraged to do so before the end of the school year. Please understand that they still need to redeem each moneybox for the required 10 tokens.





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## YES!! There is a healthier alternative

## 1 Herbalife Healthy Meal =



Vitamin A (35%) of 1/2 cup Cheddar Cheese  
 Vitamin C (25%) of 1/2 cup Boiled Cabbage  
 Vitamin D (50%) of 1/4 cup Tuna  
 Vitamin E (25%) of 1/4 cup Roasted Cashews  
 Vitamin B6 (30%) of 1/2 cup Cooked Lentils  
 Vitamin B12 (45%) of 2 Eggs  
 Calcium (35%) of 3oz Tofu  
 Zinc (35%) of 3oz Cooked Crab  
 Magnesium (15%) of 8oz Carrot Juice  
 Iron (15%) of 5.5oz Steak  
 Potassium (18%) of 1/2 cup Cooked Soy Beans  
 Copper (25%) of 1 Avocado  
 Selenium (50%) of 3oz Cooked Liver

% = DV (Recommended Daily Value)



Imagine what you would look like  
 if you had to eat all that every day?

And it's as simple as SHAKE SHAKE SHAKE!!!  
 Comes in 4 yummy flavours (French Vanilla,  
 Dutch Chocolate, Cookies n' Cream, and Berry  
 Flavour.)

<p>Latte &amp; Muffin = 1,040 calories</p> <p>WHITE CHOCOLATE MOCHA LATTE              (16 oz.)              Calories: 500              Fat: 20g (40% saturated)              Carbohydrates: 65g              Protein: 10g              Fiber: 0g              Sugar: 34g              Cholesterol: 10mg              Sodium: 240mg</p> <p>LARGE SANANOA CHIP MUFFIN              Calories: 540              Fat: 24g (75% saturated)              Carbohydrates: 74g              Fiber: 0g              Sugar: 39g              Cholesterol: 10mg              Sodium: 410mg</p> <p><b>\$5.15</b></p>	<p>Formula 1 Healthy Meal = 228 calories</p> <p>FORMULA 1 HEALTHY MEAL (1 serving Formula 1,              8 oz. of natural milk and 1 oz. of strawberries)              Calories: 228              Fat: 1g (2% saturated)              Carbohydrates: 30g              Protein: 14g              Fiber: 3g              Sugar: 21g              Cholesterol: 10mg              Sodium: 280mg</p> <p><b>\$1.43</b></p>
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It's also the cheaper alternative!  
 One Canister contains 20 serves!



Become a Herbalife VIP member for great  
 discounts! Between 25% and up to 50%  
 based on Volume Points you Order. Refer  
 your family and friends and you receive  
 further incentives.



Great range of products. Natural,  
 herbal-based nutritional food made for  
 the whole family. Whether you want to  
 lose weight, gain weight, or maintain  
 your weight. Promotes digestive health  
 and optimal metabolism. Derived from  
 soy and other plant proteins.

(Please consult your physician if you have  
 any serious medical conditions, allergies, or  
 on multiple medications before consuming  
 products.)



Work from Home Business opportunity to  
 suit your own goals, your own lifestyle, and  
 your own hours.

For Product Information, Online Orders,  
 Nutritional Coaching or Business Mentoring  
 Please send email or leave voicemail with  
 your Name, Email Address, and Contact  
 Number.

10% of PROFITS will be donated to  
 Ingleburn North Public School.