



INGLEBURN NORTH PUBLIC
SCHOOL
SCHOOL NEWSLETTER
Macdonald Road
INGLEBURN NSW 2565
9605 2459

'THE BUGLE'



Week 6 – Term 4 – 2011

Message from the Principal

Dear members of the Ingleburn North Public School community,

This Thursday the second last assembly for 2011 will take place at 2.10pm. At this **Gold Assembly** deserving students will be awarded the INPS Gold Award. Importantly, those students running for School Captain and Vice-Captain will deliver their campaign speech. Everyone is very welcome to come along!

I have always found it a little odd that if we happen to be bitten by an ant there is no negative social stigma, but if we are bitten by **head lice** there is! Please remember that head lice do not look to see where in Sydney you live (Mosman has head lice too!) and they do not care whether your hair is dirty or clean. So what can we do? See below.

Mr Brett Moseley,
Principal

Dates to Remember

Wed 16th Nov: **Kindy Orientation 9am to 11am – ALL WELCOME**

Thur 17th Nov: **ASSEMBLY – ALL WELCOME!**

Wed 23rd Nov. 6.15pm: **P&C MEETING
ALL WELCOME**

Fri 2nd Dec: **Captains and Vice Captains to State Parliament**

Mon 5th Dec: **High School Orientation for Year 6**

Thur 8th Dec: **Presentation Day Assembly**

Mon 12th Dec: **Year 6 Farewell**

Tue 13th Dec: **Whole school excursion to the movies**

Wed 14th Dec: **Gold Day**

Thur 15th Dec: **Student Reports sent home**

Fri 16th Dec: **Students last day at school**

Mon 30th Jan 2012 Year 1 to Year 6 first day back at school

Thursday 2nd February 2012 ALL KINDY commence classes

School Banking

Don't forget school banking is running each **Wednesday** morning before school at the front office.

Cathy & Kath

Book Club

Issue 8 Bookclub is due Friday 25th November.

KINDER WISH LIST FOR 2012

Kindergarten teachers for 2012 are looking for donations of the following items:-

- Water sand tray.
- Dolls and clothes.
- Toy medical kit.
- Shop-cash register.

P & C News

Fundraising

It's that time of year again! We are collecting for the annual Christmas hampers. A basket will be placed in each class room awaiting your donations.

Donations can range from food items already in your cupboards at home to sundry items such as disposable plates, serviettes etc to Christmas items like gift wrapping or decorations.

Please ensure your donations have a use by date later than December 2011.

The class which donates the most items will win a lunch party.

Many Thanks
P&C Fundraising.

CANTEEN NEWS

Congratulations to Jye Wholohan who won a Ben 10 showbag in the "Fresh for Kids" month, for eating healthy.

WE ARE DESPERATE!!

Please if you have a spare day or two to help us out in the Canteen your kids would love it and so would we. Either add your name to the roster located in the Canteen or contact Sharon Haigh on 0413 108 313 ASAP.

Also for our regulars the roster for Term 1 2012 is ready for you to add your available days.

Many Thanks
Sharon Haigh
Canteen Manager

Bambi Kindergarten

is a community based, not-for-profit preschool providing a high quality program for children **2 years to school age.**

We also offer a **reduced attendance fee** (9.00am to 3.30pm) for children in their "**pre school**" year and who will be going to full time school the following year.

Come and visit us at

Stevens Road, Ingleburn
(off Campbelltown Road)

Phone: 9829 1927

Head lice are only found on the human head. They are not found on any other part of the human body, although there are other types of lice that do infest other parts of the human body. Nor are they found on any other animal. Head lice do not live on furniture, hats, bedding, carpet or anywhere else in the environment. Treating anything other than the human head does not eradicate head lice.

Before you choose a treatment for head lice, consider the following:

- Make sure that the heads you treat actually do have head lice and do not treat unless they do!
- Do not treat babies or a scalp that is irritated or inflamed.
- Do not let product into eyes.
- There is no preventative treatment available. While it is tempting to "do" the whole family, unless they actually have head lice you may be contributing to the problem of resistance.
- Any product applied to the head should be used with caution, particularly on young heads. **READ THE LABEL.**
- Use your common sense when selecting a head lice treatment. There is nothing natural about pouring a product on a head!
- Some essential oils, including tea tree oil, can trigger a reaction in some people. Tea tree oil is a proven antiseptic, however, its efficacy as a head lice treatment has not been demonstrated.
- Many products have a very strong smell. A strong smelling substance left on the hair for any length of time may trigger a reaction.
- Certainly try a commercial head lice preparation, but read the label first and apply strictly as directed. Again, in desperation it can be tempting to change the dose in an effort to kill the lice. However, increasing the dosage does not enhance efficacy of treatment products.
- Apply product to every strand of hair and work through, leave for 20 minutes, and comb out with a good quality lice comb.
- If dead lice are found, the product has worked. But you must re-treat in seven days to catch nymphs that have emerged from unhatched eggs.
- If you find live lice, the treatment probably hasn't worked. Either use another product with a different active ingredient (read the label) OR try the [comb and conditioner](#) method.
- Reduce transmission by tying hair back and braiding. We know it's hard for young girls to consider this cool, but try it!
- Regularly check your children's hair. Young girls growing up often become very independent about their hair care and it can become difficult to convince them that it's important for you to continue checking their hair. Try to persist or show them how they can check their own hair when they wash it in the shower or bath.
- Keep a good quality head lice comb in the shower so that every time anyone washes their hair they use the comb. The more folk know about simple management methods the easier it will be to reduce the problem. But it takes time!
- **Do not use insecticides, methyated spirits or kerosene on your child's head.**

What's the comb and conditioner method?

Head lice breathe through small openings along their abdomens called spiracles. By coating the hair and therefore the louse in something thick and slimy, these openings close over, shutting down the louse's breathing for about 20 minutes.

Head lice can move very fast across the scalp. Using a head lice comb on a dry scalp will often miss many lice as they are very clever at avoiding being caught. While unfortunately the louse doesn't die with this method, it does slow it down so that you can catch them.

Any thick and slimy substance applied to the hair will have the same effect. Some parents swear by mayonnaise or olive oil, though it does seem logical to use simple hair conditioner. It can be difficult to wash out oils easily and using mayonnaise does seem a waste! Nevertheless the principle is the same; the lice will be slowed down so that you can comb them out.

Applying conditioner, or any other slimy product, will not kill nor remove eggs, although some good quality lice combs will remove them.

Presentation Day Thursday December 8th – Helpers Needed

In the past on Presentation Day the Canteen has provided a BBQ for the children and guests. This year a lot of our volunteers have moved on, so I am calling on you.

For us to run the BBQ successfully we need a cook and at least 1 volunteer from each classroom to prepare the orders, this will only take about 15 minutes.

If you are interested in helping out please leave your name and contact number at the canteen.

Many thanks

Sharyn Haigh & Tracy Smith

BBQ Presentation Day

Sausage Sizzle Order Form.

Please fill one out per child.

You get a sausage on a roll at \$2.00 each.

Name..... Class.....
Number of rolls..... sauce Tomato or BBQ (please circle).
Onion Y/N \$.....

Name..... Class.....
Number of rolls..... sauce Tomato or BBQ (please circle).
Onion Y/N \$.....

Name..... Class.....
Number of rolls..... sauce Tomato or BBQ (please circle).
Onion Y/N \$.....

Uniforms

We are fast approaching the end of school year. If you would like to order your uniforms ready for next year please fill out an order form which are located in the canteen.

Once you have completed your order form, place it in an envelope with the payment and leave it in the office letter box, where I will collect it and pack the order ready for collection or I can distribute it to your child (just advise which you would prefer).

The current stock numbers are limited so if you want to buy new uniforms please place an order now DO NOT rely on us having your size at the end of year, if you put your order in late.

We will base our next warehouse order on what you ask for now.

Kind regards

Tracy Smith